

October 10th, 2026
12:30 pm to 2:30 pm
UNITY INTERGROUP MEETING AGENDA

Zoom Meeting - <https://us02web.zoom.us/j/81044264132?pwd=ZXIzZ1IsQ0xDb0c0QVhSak1MaFhWZz09>

Meeting ID: 810 4426 4132

Passcode: 12345

	Time	TOPIC	LEADER	DETAILS
1	12:30	Welcome	Amanda	Welcome & Serenity prayer - Welcome to new reps! - Introductions: Please introduce yourself and tell us one thing that made you smile recently.
2		Tradition 10	Volunteer	A volunteer will speak briefly about Tradition of the Month. Tradition 10: Overeaters Anonymous has no opinion on outside issues; hence, the OA name ought never be drawn into public controversy.
3		Minutes	Chris	Review/approve September Minutes
4		Financials	Michele	Review/approve September Financial Report
5		Newsletter	Sherica	Upcoming Group Submission: - November – Saturday Golden Valley - December – Open - January – Chaska - February – Open Send articles by the 27th of the month to unity.intergroup.newsletter@gmail.com
6		Intergroup Business	Amanda Amanda Chris C Michele	1. Elect/fill the following open positions: Elected Service Positions: - Region 5 Reps (allowed up to 4 reps + alternate) – Nomination: Julie K - WSBC Delegates (allowed up to 4 reps + alternate) – Committee Chairs: - Big Book Study Chair – Coordinator Service Positions: - Literature Coordinator – - Zoom Meeting Manager – 2. Constant Contact & Online event registration proposal has been signed. 3. Region 5 2027 Convention 4. Update on creating a social media presence

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7		Events / Committee Reports	Event Leaders / Committee Members	● Professional Outreach/Public Information (PIPO) ● Twelfth Step Within ● Unity Community Builders — Past Events: June 13: Game Day July 27: What Is OA? August 1: Afternoon in the Park September 12: Walk for Recovery
8		Announcements / Action items / Upcoming Events	Everyone	● Unity Community Builders Events: ○ October – Open ○ November – Crafting and Serenity Eden Prairie ○ December – Open ● Region 5 Fall Assembly — October 23–25, 2026 Chesterton, IN ● Quick Steps — November 7 & 21, 2026 Virtual ● Quick Steps — March 6 & 20, 2027 Lake Nakomis Presbyterian Church ● Unity Spring (Buffalo) Retreat — April 9–11, 2027 Prior Lake, MN ● Region 5 Convention — October 1-3, 2027 Minneapolis, MN <i>“Rooted in Recovery”</i>
9		Closing	Everyone / Amanda	● Brag about your meeting ● Closing Remarks – Responsibility Pledge followed by the Serenity Prayer
10		Committee Meetings	Send notes to Secretary	● Professional Outreach/Public Information (PIPO) ● Twelfth Step Within ● Unity Community Builders ● New Reps

Responsibility Pledge

Always to extend the hand and the heart of OA to all who share my compulsion:
for this I am responsible.