August 8th, 2026
12:30 pm to 2:30 pm
UNITY INTERGROUP MEETING AGENDA

Zoom Meeting - https://us02web.zoom.us/j/81044264132?pwd=ZXIzZ1lsQ0xDb0c0QVhSak1MaFhWZz09

Meeting ID: 810 4426 4132
Passcode: 12345

	Time	TOPIC	LEADER	DETAILS
1	12:30	Welcome	Amanda	Welcome & Serenity prayer ● Welcome to new reps! ● Introductions: Please introduce yourself and tell us one small thing that made you smile this week.
2		Tradition 8	Volunteer	A volunteer will speak briefly about Tradition of the Month. Tradition 8: Overeaters Anonymous should remain forever non-professional, but our service centers may employ special workers
3		Minutes	Chris	Review/approve June Minutes
4		Financials	Michele	Review/ approve June & July Financial Report
5		Newsletter	Sherica	Upcoming Group Submission: ● September – Open ● October – Mankato ● November – Saturday Golden Valley ● December – Open Send articles by the 27th of the month to unity.intergroup.newsletter@gmail.com
6		Intergroup Business	Amanda Chris C Amanda	**1.** Elect/fill the following open positions: **Elected Service Positions:** ● Region 5 Reps (allowed up to 4 reps + alternate) – ● WSBC Delegates (allowed up to 4 reps + alternate) – **Committee Chairs:** ● Big Book Study Chair – ● Convention Co-Chairs – **Coordinator Service Positions:** ● Literature Coordinator – ● Zoom Meeting Manager – **2.** Region 5 2027 Convention **3.** Creating a social media presence
7		Events / Committee Reports	Event Leaders / Committee Members	● Professional Outreach/Public Information (PIPO) ● Twelfth Step Within

August 8th, 2026
12:30 pm to 2:30 pm
UNITY INTERGROUP MEETING AGENDA
Zoom Meeting - https://us02web.zoom.us/j/81044264132?pwd=ZXIzZ1lsQ0xDb0c0QVhSak1MaFhWZz09

Meeting ID: 810 4426 4132
Passcode: 12345

				• Unity Community Builders — Past Events**:** June 13: Game Day | July 27: What Is OA? | August 1: Afternoon in the Park

8		Announcements / Action items / Upcoming Events	Everyone	• Unity Community Builders Events:
				  ○ September 12| 10:00 AM – 3:00 PM | Walk for Recovery — MN State Capitol Grounds
				  ○ October – Open
				  ○ November – Open
				• Region 5 Convention — September 4–6, 2026 | Indianapolis, IN *"Flutter into Freedom"*
				• Region 5 Fall Assembly — October 23–25, 2026 | Chesterton, IN
				• Unity Spring (Buffalo) Retreat — April 9–11, 2027 | Prior Lake, MN
				• ****New Meeting**** Mondays at 7:00 PM | Incarnation Church, 38th & Pleasant, South Minneapolis

9		Closing	Everyone / Amanda	• Brag about your meeting • Closing Remarks – Responsibility Pledge followed by the Serenity Prayer
10		Committee Meetings	Send notes to Secretary	• Professional Outreach/Public Information (PIPO) • Twelfth Step Within • Unity Community Builders • New Reps

Responsibility Pledge
Always to extend the hand and the heart of OA to all who share my compulsion:
for this I am responsible.