

Unity Intergroup (UIG) Meeting Minutes – April 11, 2026

Attendees:

UIG Trusted Servants: Amanda M., Chair; Liz Z. Region 5 Rep, Vice Chair; Michele G., Treasurer; Chris C., Secretary

IG Reps: Bonnie, Molly, Lisa, Johni, Marianna, Diane, Amy, Marrietta, Marque, Liz, Sherica, Scott

Welcome:

1. Introduction
2. Tradition 4 – Betty shared on tradition 4. (Molly agreed to share on Tradition 5)
3. March minutes
 - Chris C made a motion to accept the March minutes as presented; second by Michele. All in favor, none opposed. **March minutes approved.**
4. March Treasurer’s Report
 - Michele gave the March report explaining the flow and accounting of the funds.
 - Unity Intergroup YTD has received \$45,042.55 and has paid \$27,484 in expenses. This results in a Cash Basis surplus of \$17,558.55.
 - It should be noted we have been prepaid \$32,690 for the Buffalo Retreat. This will be expensed in April. Taking Buffalo into account we are operating with a approximate loss of \$15,131.50.
 - 7th Tradition donations are down.
 - Betty made a motion to accept the Treasurers report and seconded by Marque. All in favor, none opposed. **March treasurer’s report approved.**
5. Newsletter:

Consider adding “Intergroup Corner.” Amanda found past Newsletters and those were focused on themes not just the steps. We thanked Sherica M for her work on the newsletter.

The following groups signed up to write articles for the upcoming months:

 - May: Saturday Eden Prairie Meeting – Jean K
 - June: Friday Night OA How
 - July: Saturday Circle Pines –
 - Aug: Monday night Eagen
 - Submit articles to unity.intergroup.newsletter@gmail.com. Submit articles by the 27th of the prior month.
6. Intergroup Business
 - **Open positions**
 - Full descriptions of positions are on the overeaters.org website [here](#).
 - **Region 5 2027 Convention**

- Region 5 hosts a convention each year planned by an Intergroup. The Intergroup that signed up for 2027 convention is no longer able to host. The hosting intergroup selects the location and duration of the Convention. Region 5 does provide seed money. Unity Intergroup has a person that is willing to chair the meeting – is there enough interest from the others to have Unity Intergroup take this opportunity? After some discussion, Amanda M made a motion that UIG will host the 2027 Region 5 Convention. Betty seconded the motion. None opposed. One abstained. **Motion passed with one abstaining member.** Liz will communicate this to Region 5.

7. Events/Committee reports

- Unity Buffalo Retreat April 17-19, 2026
 - Many baskets have been donated.
 - Registration is at 93
 - Great agenda, great speakers, they will have bingo and a dance!
 - Consider adding an ask for 2027 Region 5 Convention planning
- Quick Steps May 2 & 16, 2026 In PERSON!
 - **Lake Nokomis Presbyterian Church**
 - 1620 E 46th Street, Minneapolis, MN 55407
 - Cost is \$25 for the event (scholarships available)

8. Announcements/Action Items:

- Region 5 Convention September 4-6, 2026, in Indianapolis, IN
- Region 5 Fall Assembly October 23-25, 2026, in Chesterton, IN

9. Committee meetings:

- Public Information/Professional Outreach (PIPO)
 - Considering a booth at the Walk for Recovery 9/12, 10 - 3 at the Capitol. We would need 3 - 4 people to staff the booth for 2–3-hour shifts.
- Twelfth Step Within
- Unity Community Builders
 - We agreed upon a Mission/Purpose. We are planning a social event for June in the Mankato community.

The meeting ended with the Pledge of Responsibility.

At 2:00 the UI group split into small groups to do committee work.

Respectfully submitted,
Chris C., Secretary