

March 14th, 2026

12:30 pm to 2:30 pm

UNITY INTERGROUP MEETING AGENDA

Zoom Meeting - <https://us02web.zoom.us/j/81044264132?pwd=ZXIzZ1IsQ0xDb0c0QVhSak1MaFhWZz09>

Meeting ID: 810 4426 4132

Passcode: 12345

	Time	TOPIC	LEADER	DETAILS
1	12:30	Welcome	Amanda	Welcome & Serenity prayer <ul style="list-style-type: none">• Welcome to new reps!• Introductions and Icebreaker:<ul style="list-style-type: none">○ What service role have you found most meaningful (past or present)?
2		Tradition 3	Johni	A volunteer will speak briefly about Tradition of the Month. Tradition 3: The only requirement for OA membership is a desire to stop eating compulsively.
3		Minutes	Chris	Review/approve February Minutes
4		Financials	Michele	Review/ approve February Financial Report
5		Newsletter	Sherica	Upcoming Group Submission: <ul style="list-style-type: none">• March – Monday Night Anoka• April – Open• May – Open• June – Open• July – Open Send articles by the 27 th of the month to <i>(New!)</i> unity.intergroup.newsletter@gmail.com
6		Intergroup Business	Amanda	1. Elect/fill the following open positions: Elected Service Positions: <ul style="list-style-type: none">• Region 5 Reps (allowed up to 4 reps + alternate) –• WSBC Delegates (allowed up to 4 reps + alternate) – Committee Chairs: <ul style="list-style-type: none">• Big Book Study Chair –• Convention Co-Chairs – Coordinator Service Positions: <ul style="list-style-type: none">• Hotline Responder –• Literature Coordinator –• Zoom Meeting Manager – 2. Discussion on UIG meeting frequency – Every other month? Jan-May & Sep-Dec? 3. Literature Request – tear away signs to display in public libraries / bulletin boards

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7		Events / Committee Reports	Event Leaders / Committee Members	<ul style="list-style-type: none">● Region 5 Spring Assembly March 6-7, 2026 held virtually● Unity Buffalo retreat April 17-19, 2026● Quick Steps May 2 & 16, 2026● Professional Outreach/Public Information (PIPO)● Twelfth Step Within
8		Announcements / Action items / Upcoming Events	Everyone	<ul style="list-style-type: none">● Region 5 Convention September 4-6, 2026 in Indianapolis, IN● Region 5 Fall Assembly October 23-25, 2026 in Chesterton, IN
9		Closing	Everyone / Amanda	<ul style="list-style-type: none">● Brag about your meeting● Closing Remarks – Responsibility Pledge followed by the Serenity Prayer
10		Committee Meetings	Send notes to Secretary	<ul style="list-style-type: none">● Professional Outreach/Public Information (PIPO)● Twelfth Step Within● Unity Community Builders● New Reps

Responsibility Pledge

Always to extend the hand and the heart of OA to all who share my compulsion:
for this I am responsible.

Detailed information on events listed below. Keep verbal event announcements brief.

Past Events:

Unity Intergroup Upcoming Events:

Unity Spring Retreat at Buffalo MN April 17-19, 2026

Quick Steps May 2 & 16, 2026