

Unity Intergroup (UIG) Meeting Minutes – February 14, 2026

Attendees:

UIG Trusted Servants: Amanda M., Chair; Liz Z., Vice Chair; Michele G., Treasurer; Cathy G., WSO Delegate, UIG web content manager, and Bylaws Chair.

IG Reps:

Molly, Bonnie H., Julie K., Amy M., Marianna S., Johni B., Dru F., Jean K., Katherine C., Marque N., and Grace O., Roxanne, and Kathy W.

Welcome:

1. Introductions
2. Tradition 2 – Chris C shared about Tradition 2.
3. Review January minutes
 - Correction to Co-Chair of OA Quick Step – Not Marque but Scott.
 - Cathy G. moved to accept January minutes as amended; second by Jean. January minutes approved.
4. January Treasurer's Report
 - Michelle gave the report
 - Operating account has \$30,252.98. Prudent reserve account always has \$15,000.
 - Marque N. moved to accept the report; second by Jean K. January treasurer's report approved.
5. Newsletter: The following groups signed up to write articles for the upcoming months:
 - March: Monday Night Anoka (Michele K)
 - April: open
 - May: open
 - June: open
 - July: open
 - Submit articles to RecoveryVM23@gmail.com. Submit articles by the 27th of the prior month.
6. Intergroup Business
 - **Elected Service Positions**
 - Secretary – Chris C. was nominated and accepted the nomination. Unanimous vote.
 - **Open positions**
 - Elected Service Positions:
 - Region 5 Reps (allowed up to 4 + alternate)
 - WSBC Delegates (allowed up to 4 + alternate)
 - Committee Chairs:

- Big Book study chair
 - Convention Co-chairs
 - Coordinator Service Positions:
 - Hotline responder – need a 2nd person
 - Literature coordinator –
 - Zoom meeting manager –
 - Full descriptions of positions are on the overeaters.org website [here](#).
- **WSBC agenda questionnaire and bylaws – Cathy G.**
- Cathy G presented each of the Proposals that are up for discussion at the World Service Business Conference (WSBC) meeting April 22 – 24. We gave Cathy information on how to answer the survey. The group also gave Cathy perspectives to share if able.
 - Proposal A WSBC Policy 1980d –should this be discussed? Yes (none opposed)
 - Proposal B WSBC Policy 2010a – should this be discussed? Yes (one opposed unsure if the delegates would have read the material – majority yes)
 - Proposal C WSBC Policy 1979c and 1986b – Should this be discussed? Yes (none opposed)
 - Proposal D WSBC Policy 2011b –should this be discussed? One in favor and majority say No do not discuss this.
 - Proposal E WSBC Policy 1984a –Should this be discussed? 12 agreed to discuss this and 5 said no.
 - Proposal F WSBC Policy 2010e – should this be discussed? Yes
 - Proposal G WSBC Policy 1979e – should this be discussed? Yes
 - Proposal H WSBC Policy 1993a - should this be discussed? Yes
 - Proposal I WSBC Policy 1993a - should this be discussed? Yes
 - Proposal J Create a specific focus category – should this be discussed? No
 - Proposal K WSBC Policy 1984a – should this be discussed? Yes
 - Proposal L should this be discussed? No
 - Proposal M WSBC Policy 2010a - should this be discussed? Yes (majority)
 - Proposal N Bylaws, Subpart B, Article VI – should this be discussed? Yes
 - Proposal 2 Bylaws, Subpart B, Article I 12 Steps and Article II Traditions 9 yes, 6 no this will be discussed
 - Proposal 3 Bylaws Subpart B, Article I 12 Traditions - should this be discussed? Yes
 - Proposal 4 Bylaws Subpart B Article I 12 Steps – should this be discussed? Yes
 - Proposal 5 Bylaws Subpart B Article XII – Section 1 - should this be discussed? No
 - Proposal 6 Bylaws Subpart B Article IX Conference Committee Section 2 – should this be discussed? Yes
 - Proposal 7 Bylaws, Subpart B Article IX Conference Committee, Section 3 – should this be discussed? Yes

7. Events/Committee reports

- Unity Buffalo Retreat April 17-19, 2026
 - Registration is open <https://lp.constantcontactpages.com/ev/reg/4q8gqk2>
 - Looking for groups to donate baskets to the event

- Quick Steps May 2 & 16, 2026
8. Announcements/Action Items:
- Region 5 Spring Assembly March 6-7, 2026, online
 - Region 5 Convention September 4-6, 2026, in Indianapolis, IN
 - Region 5 Fall Assembly October 23-25, 2026, in Chesterton, IN
9. Committee meetings:
- Public Information/Professional Outreach (PIPO) – **No Report Given**
 - Twelfth Step Within – **No Report Given**

Respectfully submitted,
Chris C., Secretary