

May 10th, 2025

12:30 pm to 2:00 pm

UNITY INTERGROUP MEETING AGENDA

Zoom Meeting - <https://us02web.zoom.us/j/81044264132?pwd=ZXIzZ1IsQ0xDb0c0QVhSak1MaFhWZz09>

Meeting ID: 810 4426 4132

Passcode: 12345

	Time	TOPIC	LEADER	DETAILS
1	12:30	Welcome	Marque	Welcome & Serenity prayer <ul style="list-style-type: none">• Introductions & Welcome to new reps!
2		Tradition 5	Intergroup Rep	Ask for volunteer to speak briefly about Tradition of the Month. Tradition 5: Each group has but one primary purpose — to carry its message to the compulsive overeater who still suffers
3		Minutes	Marque	Review/approve April Minutes
4		Financials	Jean	Review/ approve April Financial Report
5		Newsletter	Vicki	newsletter editor – Vicki Upcoming Group Submission <ul style="list-style-type: none">• June-Thursday Chaska BB• July-Tues AM Mpls HOW• August-Open• Sept-Open• Oct-Sunday Mankato Send submissions to: recoveryvm23@gmail.com
6		Intergroup Business	Marque/Amanda	<ul style="list-style-type: none">• 2025 World Service Annual Appeal• 2025-2026 Budget Needs/Planning
7		Events/ Committee Reports	Event Leaders	<ul style="list-style-type: none">• Body Image Workshop• Buffalo Report• Quick Steps-In Person
8		Announcements/ Action items	Everyone	<ul style="list-style-type: none">• Region 5 Spring Convention 05/23-25 in Brookfield WI• World Service Convention Aug 21-Aug 23 Orlando FL Coordinator Service Positions Needed: <ul style="list-style-type: none">• Big Book Study -• Bylaws Chair -Amy• Literature Coordinators -

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9		Closing	Amanda/Everyone	<ul style="list-style-type: none">● Closing Remarks – Responsibility Pledge followed by the Serenity Prayer
10		Committee Mtg	Send notes to Secretary	<ul style="list-style-type: none">● Professional Outreach/ Public Information -● Twelfth Step Within –

Responsibility Pledge

Always to extend the hand and the heart of OA to all who share my compulsion:
for this I am responsible.

Detailed information on events listed below. Keep verbal event announcements brief.

Past Events:

Unity Spring Retreat in Buffalo, MN April 4,5 & 6 2025
Body Image Workshop-May 4th

Unity Intergroup Upcoming Events:

Quick Steps -In Person