

March 8th, 2025

12:30 pm to 2:00 pm

UNITY INTERGROUP MEETING AGENDA

Zoom Meeting - <https://us02web.zoom.us/j/81044264132?pwd=ZXIzZ1IsQ0xDb0c0QVhSak1MaFhWZz09>

Meeting ID: 810 4426 4132

Passcode: 12345

START RECORDING.....

	Time	TOPIC	LEADER	DETAILS
1	12:30	Welcome	Jean	Welcome & Serenity prayer <ul style="list-style-type: none">• Introductions & Welcome to new reps!
2		Tradition 3	Intergroup Rep	Ask for volunteer to speak briefly about Tradition of the Month. Tradition 3: The only requirement for OA membership is a desire to stop eating compulsively
3		Minutes	Jean	Review/approve Feb Minutes
4		Financials	Jean	Review/ approve Feb Financial Report
5		Newsletter	Vicki	newsletter editor – Vicki Upcoming Group Submission <ul style="list-style-type: none">• April – Thursday OA How Zoom• May- Sat AM- Eden Prairie• June-Thursday Chaska BB• July-Open• August-Open Send submissions to: recoveryvm23@gmail.com
6		Intergroup Business	Jean	Coordinator Service Positions Needed: <ul style="list-style-type: none">• Big Book Study -• Bylaws Chair -• Hotline Responders• Literature Coordinators
7		Events/ Committee Reports	Event Leaders	<ul style="list-style-type: none">• Unity Spring Retreat @ Buffalo MN April 4,5 & 6 2025• Quick Steps update-Feb class
8		Announcements/ Action items	Everyone	<ul style="list-style-type: none">• 2025 Convention chairs needed• Region 5 Spring Convention 05/23-25 in Brookfield WI• World Service Convention Aug 21-Aug 23 Orlando FL

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9		Closing	Jean/Everyone	<ul style="list-style-type: none">● Closing Remarks – Responsibility Pledge followed by the Serenity Prayer
10		Committee Mtg	Send notes to Secretary	<ul style="list-style-type: none">● Professional Outreach/ Public Information -● Twelfth Step Within –

Responsibility Pledge

Always to extend the hand and the heart of OA to all who share my compulsion:
for this I am responsible.

Detailed information on events listed below. Keep verbal event announcements brief.

Past Events:

Quick Steps Workshop 02/08/25 & 02/22/25

Unity Intergroup Upcoming Events:

Unity Spring retreat in Buffalo, MN Retreat April 4,5 & 6 2025

Body Image Workshop-May 4th