



Are you new to OA or just need help getting through the Steps?

Completing this two-part OA Quick Steps Workshop may be just the answer.

Dates: Saturday, February 8 and Saturday, February 22, 2025

Time: 9:00 am - 1:00 pm (CST)

Location: on Zoom

One of the promises in the Big Book of AA is that before you're done with Step Nine, the obsession is lifted. Increase your chance of success—join the OA QuickSteps series and get abstinent!

To register, click:

<https://airtable.com/shrI6LWbh1vgMjCeV>

Please direct any questions to:

quickstepsunity@gmail.com

Registration is required as **class size is limited**.

The zoom link will be sent to registrants.

You will need to have a sponsor or someone who can listen to your 5th Step.

There are no fees for this workshop, but we encourage a 7th Tradition contribution to Unity Intergroup.

Time commitment is two Saturday sessions, plus homework. **We expect participants to attend both sessions.** Expect to be very busy working on recovery for these weeks!

The purpose of this workshop is to get people through the 12 Steps quickly, to help them experience successful, life-long recovery, and to aid in the growth of OA.