

UNITY INTERGROUP MEETING AGENDA

December 14th, 2024

12:30 pm to 2:00 pm

Zoom Meeting - <https://us02web.zoom.us/j/81044264132?pwd=ZXIzZ1IsQ0xDb0c0QVhSak1MaFhWZz09>

Meeting ID: 810 4426 4132

Passcode: 12345

	Time	TOPIC	LEADER	DETAILS
1	12:30	Welcome	Sarah/Marque	Welcome & Serenity prayer <ul style="list-style-type: none"> • Introductions & Welcome to new reps!
2		Tradition 12	Intergroup Rep	Ask for volunteer to speak briefly about Tradition of the Month. Tradition 12: "Anonymity is the spiritual foundation of all these Traditions, ever reminding us to place principles before personalities."
3		Minutes	Marque	Review/approve November Minutes
4		Financials	Jean	Review/ approve November Financial Report
5		Newsletter	Vicki	Newsletter editor – Vicki Upcoming Group Submissions: <ul style="list-style-type: none"> • January – St. Cloud Whitney group • February – Monday night Eagan group • March - TBD Send submissions to: recoveryvm23@gmail.com
6		Intergroup Business	Sarah/Marque	<ul style="list-style-type: none"> • Elected Positions: See Announcements for full list of Intergroup elected and coordinator positions.
7		Events/ Committee Reports	Event Leaders	<ul style="list-style-type: none"> • Minnesota State Convention (Note: speaker recordings are available at overeaters.org) • 12th Step Within: Sponsorship Workshop reflections • Quicksteps Workshop reflections • Buffalo Retreat April 4, 5 & 6 2025
8		Announcements/ Action items	Everyone	Reminder that Elections for board and service positions are in January – please share at your meetings! Elected Positions: <ul style="list-style-type: none"> • Chair • Vice Chair • Secretary • Treasurer • Region 5 Reps 1-4 + alternate • WABC Delegates 1-4 + alternate

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				Coordinator Service Positions: <ul style="list-style-type: none">● Big Book Study● Bylaws Chair● OA Quick Steps Co Chair● Hotline Responders● Literature Coordinators● Newsletter editor● Zoom Meeting Manager
9		Closing	Marque/All	<ul style="list-style-type: none">● Closing Remarks – Responsibility Pledge followed by the Serenity Prayer
10	1:55	Committee Mtg	Send notes to Secretary	<ul style="list-style-type: none">● Professional Outreach/ Public Information -● Twelfth Step Within –

Responsibility Pledge

Always to extend the hand and the heart of OA to all who share my compulsion: for this I am responsible.

Detailed information on events listed below. Keep verbal event announcements brief.

Past Events:

Quick Steps: November 9 & 23, 2024 9:00 am – 12:30 pm on Zoom

Serenity and Celebrations EP OA November 16th 9 – 10:30 am

Twelfth Step Within: Sponsorship Workshop – Sunday, December 8, 2024 1-3:00 pm on Zoom

Unity Intergroup Upcoming Events:

Buffalo Retreat April 4, 5 & 6, 2025