

Unity Intergroup (UIG) Meeting Minutes – September 14, 2024

Attendees

UIG Trusted Servants: Marque N., Chair; Jean K., IG Treasurer; Sarah S., IG Vice Chair; Jackie K., Quick Steps Chair

IG Reps: Jon W-K., MJ, Rita, Chrissy M., Amanda W., Clare C., Barb L., Judy

Welcome:

1. Introductions
2. Tradition 9 – Jean K. shared about Tradition 9.
3. Review August Minutes – Sarah S. moved to accept August minutes; second by Rita. August minutes approved.
4. August Treasurer's Report:
 - Expenses this month include bank charges and credit card fees related to PayPal registrations for Convention. Income from convention registrations. Annual filing charge for 501C3. Professional services for Constant Contact service (quarterly charge – stipend position for needed services beyond a typical service volunteer). Storage unit.
 - Cash balance: reserve account at \$15,000 (never changes), operating account has \$39,924.
 - Rita. moved to accept the report; second by MJ. August Treasurer's report approved.
5. Newsletter: The following groups signed up to write articles for the upcoming months:
 - September: Tuesday AM in-person HOW meeting (Karen NP)
 - October: Tuesday Shakopee meeting (Joe)
 - November: Brothers in Recovery Sunday night group (Lou)
 - December: open
 - January: open
 - Submit articles to RecoveryVM23@gmail.com
6. Intergroup Business:
 - Elected positions - Still have openings for three Region 5 reps, and two more World Service delegates.
 - Abstinence requirement for 1 year. World Service also requires 2 years of experience beyond the group level (i.e. intergroup level or above)
 - Most meetings are virtual. Maybe 1-2 in person meetings.

- Region 5 has some service positions on the board that will be coming up soon and they are looking for people willing to step up. (Treasurer, Trustee, and Chair)
- Additional coordinator service positions available:
 - Big Book Study chair –
 - Zoom meeting manager –.
 - More information about service positions [here](#).

7. Events/Committee reports:

- Report from Region 5 Convention Sept. 6-8. Marque and Lou attended from UIG.
 - Marque got to go. Region 5 welcomed us warmly. 300 people at the conference. Got to visit Dr. Bob's house in nearby Acton. They had breakouts to sign up for. Well-done conference. Worth going.
- Unity Intergroup Oct. 25-26, 2024 Convention. Registration link available on UIG website. Eager to get people registered. Bring it to your meeting and encourage people to attend. \$75 for 2 days including Saturday lunch. There is room for 300 people. Scholarships available. Don't let cost be a reason to not come.
- Quick Steps – Virtual workshop Nov 9th and 23rd. 9 am -12:30 pm Central.
 - Working on a flier. Hoping to have 2 sessions. Advertising to Region 5. There will be an online sign up. Registration opening in a few weeks.
- Twelfth Step Within committee workshop on sponsorship December 8th via Zoom.
 - How to be a sponsor, what to do as a sponsor, how to be a sponsee and what the relationship looks like. Important part of our program.
- Buffalo Retreat April 4-6, 2025
 - First planning meeting August 28. Theme will be on the tools of program and using them to escape the circus of compulsive eating.
- 2025 Convention proposal – hotel is offering a contract to lock in dates for 2025 and 2026. As a board, we decided to wait until we have a chair step forward before committing to the contract. If we sign a contract with the hotel and don't hold the event, we still have to pay 30%. Different from Buffalo retreat where we put down a deposit to save the date, but it can be returned if we cancel early enough. Will be asking for volunteers to chair future conventions.

8. Announcements/Action Items:

- Elections for UIG board and service positions is in January. Please share that information with your meetings and start talking about it now. Important to get reps to the UIG meeting so we can get information back to the groups. Thanks to everyone for being here. Having a smooth transition is really helpful. If anyone is interested in service beyond the group level, please encourage them to reach out and consider getting involved. Job descriptions are available as part of the Bylaws, under documents on the Intergroup website. There is a link in the minutes every month to get more information about all of the Intergroup service positions. More information about service positions [here](#).

9. Committee meetings:

- Public Information/Professional Outreach (PIPO)
 - No report
- Twelfth Step Within
 - Worked on workshop flier including the Zoom link. It will go into the October newsletter. Copies will also be at Convention.
 - Working on potential speakers/panelists and folks to answer questions.

Respectfully submitted,
Liz Z. Secretary