

## Unity Intergroup (UIG) Meeting Minutes – August 10, 2024

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### Attendees

#### UIG Trusted Servants:

Marque N., Chair; Sarah S., IG Vice Chair; Jean K., IG Treasurer; Liz Z., IG Secretary; Cathy G., IG web coordinator & WSBC delegate; Jackie K., Quick Steps chair

#### IG Reps:

Maryann W., Barb L. Rasha K., Rita, Susan M., Sherica, Chrissy M., Dorie, Lori K.,

### Welcome:

1. Introductions
2. Tradition 8 – Maryann W. shared about Tradition 8.
3. Review July Minutes – Rita. moved to accept July minutes; second by Sarah. July minutes approved.
4. July Treasurer's Report:
  - Negative number in our current net income because of some once/year payments. Over the next months it will even out.
  - 7<sup>th</sup> tradition donations are close to expected for the month.
  - Prudent reserve has \$15,000
  - Operating balance \$34,317.06
  - Rasha K. moved to accept the report; second by Rita. July Treasurer's report approved.
5. Newsletter: Vicki is our newsletter editor. Next month she is inviting articles about travel and how to stay abstinent during travel in addition to talking about the step/tradition of the month. The following groups signed up to write articles for the upcoming months:
  - September: Tuesday AM in-person HOW meeting (Karen NP)
  - October: Tuesday Shakopee meeting (Joe)
  - November: Brothers in Recovery Sunday night group (Lou)
  - December:
  - Submit articles to [RecoveryVM23@gmail.com](mailto:RecoveryVM23@gmail.com)
6. Intergroup Business:

- Elected positions - Still have openings for three Region 5 reps, and two more World Service delegates.
  - Abstinence requirement for 1 year. World Service also requires 2 years of experience beyond the group level (i.e. intergroup level or above)
- Additional coordinator service positions available:
  - Big Book Study chair – Laurie C from Canada comes in to do a Big Book presentation. Chair will get that going again - organize the event, get location, dates, arrangements with Laurie. Past events have been held in-person and by Zoom. There has been a desire to return to in-person, but that requires someone willing to make it happen. Could be done by Zoom again if no one steps forward to arrange it in-person.
  - Zoom meeting manager – keep meeting safe and help with screen sharing documents.
  - 90-day abstinence requirement for Big Book Chair or Zoom manager. Buffalo retreat and Convention chairs must have 1 year abstinence, but most other UIG service positions have 90-day abstinence requirement. More information about service positions [here](#).
- Service gives us strength.
- Make region-level donations to Region 5. There is a link on the Unity Intergroup website. Cannot send a check to Region 5. Must be an electronic contribution.

#### 7. Events/Committee reports:

- Registration for Unity Intergroup 2024 Convention opened early August. Share the registration link with your groups. Registration link available on UIG website. Also, fliers were emailed out. Planning is going well. If you want to get special room rate, you must CALL the hotel to request the room rate. Can't get special rate with online booking.
- Region 5 Convention Sept. 6-8 in Cleveland. Hope some local people will attend. Pre-registration has closed, but they will take walk-in registrations. Can still get region rate for hotel rooms.
- Quick Steps – Virtual workshop scheduled for Nov 9<sup>th</sup> and 23<sup>rd</sup>. 9 am -12:30 pm Central time on 2 weekends. We have enough coordinators to do several groups. Hoping we will get some participants from Region 5.
- December 8<sup>th</sup> workshop offering from 12<sup>th</sup> step within group. Topic is sponsorship.
- Buffalo Retreat April 2025 – Will have first committee meeting in late August.

#### 8. Announcements/Action Items:

- Question raised about small groups wishing to use Zoom for meetings that don't have the resources to pay for a Zoom account themselves. Cathy G. knows a person who researched how to do it. It requires some coordination if multiple groups are sharing a Zoom account. Consider the question from the point of view of our traditions. Worthy of further discussion because there may be other groups that would like to take advantage of shared accounts. Will look into it further and bring back to future UIG meeting.

9. Committee meetings:

- Public Information/Professional Outreach (PIPO)
  - Sherica shared research on the American Nursing Credentialing Center which holds organizations to rigorous standards, including attending a 3-day workshop and meeting stringent requirements. In addition (or course), we'd have to develop the educational workshop and then market it to nurses. Next steps: PIPO committee has decided it's not a good use of our time and resources to pursue this angle.
  - Cathy reached out to Region 5 about existing PPT decks about OA developed for a professional audience but hasn't heard back.
  - Cathy talked with AA members who are also in OA about the possibility of having a table at AA Gopher State. Feedback: highly doubtful AA would allow this. Next steps: PIPO committee won't pursue Gopher State.
- Twelfth Step Within
  - December 8<sup>th</sup> workshop draft outline reviewed
    - Will include a 3-person speaker panel
    - Will address variations in sponsoring in different OA formats
    - Give participants tools and resources, and help fellows connect with available sponsors
  - Get the word out via UIG newsletter, flier at convention, website, region 5
  - Identified an event facilitator and Zoom manager. Next month we will review the draft flier and discuss ideas for speakers.

Respectfully submitted,

Liz Z. Secretary