

Unity Intergroup Meeting Minutes – December 9, 2023

Attendees:

UIG Trusted Servants: IG Chair Jean K. MN Convention chair & temp Treasurer Betty C. IG Bookkeeper; Jane S. IG Vice Chair; Sarah S. IG Secretary; Cathy G. IG web coordinator & WSBC delegate

IG Reps: Liz Z.; Liz, Marque, Lynn H.; Theresa; Barb; Lori K; Joe; Jake K.; Jane L.;

Welcome:

1. Tradition 12- Jane S. shared about Tradition 12.
2. Review November Minutes –change MARRCH (corrected spelling) and year of R4 convention is 2024, Marque moved to accept November minutes with corrections, Second from Betty and November Minutes approved.
3. November Treasurer’s Report: Our budget reflected a small short fall last year; our projected 7th tradition intake is \$1500 per month and we are currently on track for that. It was noted that expenses under literature and Zoom license are one-time expenses incurred in November and are part of the budget. Literature fee was supplementing convention literature purchase. The financial outcome for the Convention was positive. Cathy G. moved to accept the treasurers report, Joe seconded. November Treasurer’s report approved.
4. Newsletter: We need a newsletter editor (see requirements below) Training will be provided. Sarah’s email is the temporary email address for newsletter submissions. Temporary email address for submissions will be corrected on website.
 - January: Robbinsdale meeting
 - February: Tuesday Morning HOW meeting
 - March: Circle Pines Group
 - Send your stories to: sarahmgs@comcast.net

5. Intergroup Business:

- Open positions:

Treasurer (Board Position) - 1 year abstinence, willing to learn quick books (Intergroup has an account)

Newsletter Editor (Service Position) – 90 days abstinence, there is an existing Newsletter template and training is provided.

- Intergroup elections will be held at the January Intergroup meeting. Please encourage your group to send representatives. (2 per group)

Board Positions being voted on are: Chair, Vice Chair, Secretary, Treasurer and 2 IG service positions: hotline responder and newsletter editor. Below is an excerpt from the Bylaws for basic requirements.

Section 3 - Qualifications for the Intergroup Board A. Working the Twelve Steps of OA and regular attendance at an active OA meeting for a minimum of one year prior to their nomination for office. B. Familiarity with the Twelve Traditions of OA. C. Familiarity with the Twelve Concepts of OA Service. D. Maintaining a minimum of 1 year of current continuous abstinence, as currently defined by the World Service Business Conference. E. Served as an Intergroup Representative for at least three months. It does not need to be consecutive, or provisionally holding the position until the Intergroup Representative has attended three months of Intergroup meetings. The Representative can then be voted into the position on the Board. However, this should only be done when it is clear the position will not be filled without this provision.

Follow this is the link to view the IG service positions document with full job descriptions & requirements: https://overeaters.org/wp-content/uploads/2021/01/unity-Intergroup-Service-Positions_Jan-2021.pdf 2 people have stepped up to be Convention Chairs Mary T. and Dawn.

- Jane discussed our Intergroup meeting list to be sure it is accurate. Jane & Sarah are coordinating this effort and need help to contact groups that are not represented at Unity IG. This request was made by World Service so our list is up to date before we join a different Region. The region has sent the list that they have for us to work from.
- This link is from our Region Chair and is the current information about the timeline and steps for choosing a new region:
<https://overeaters.org/wp-content/uploads/2023/12/Deadline-to-choose-new-Region.pdf> Send questions to Jean and she will bring them to the community conversations meetings held monthly on Zoom by Region 4. Region reps who are elected will be representing us at region 4 and continue as a rep with whichever Region we join.
- WSO donations and literature sales are down close to 40% from last year. Unity IG has money in excess of our \$15,000 prudent reserve, we discussed making an additional contribution to WSO. Marque moved that we send \$20,000 to WSO, seconded by Jake. Discussion of having more local recovery events and that the issue has been finding members to do the service work to put on recovery events. Motion passed.
- Jean shared the new OA PSA. There was some discussion about distribution and costs to place it in local media.

6. Events/Committee reports:

- Buffalo Retreat- Jean K and Jane S are co-chairs of the retreat. Dates are April 12 -14th 2024. Planning meetings are on-going. Committee members for planning the retreat are needed and please share this service opportunity with your meetings.
- Twelve Steps Within - Sunday December 10th from 1 – 2:30 there will be a Twelve Steps within workshop on Zoom. Marque shared about the retreat format and details. No charge to attend but 7th Tradition donations will be appreciated.

7. Announcements:

Next Region 4 Community Conversations meeting is on January 21st at 5pm CT. The Zoom link is:

<https://us06web.zoom.us/j/91896335029?pwd=anMOWHQ4aDFhMGxjUnBHemFodU5tZz09>.

(Jean, is this the new Thursday meeting??) Relapse meeting would like speakers.

OA quick steps will be setting the upcoming workshop dates for the New Year.

8. Action Items:

- Getting volunteers for Intergroup meeting audit; if you want to participate by contacting meetings and/or visiting meetings on Zoom or in person; please contact Sarah S., sarahmgs@comcast.net.

9. Joe moved to close the meeting, Cathy G. seconded, meeting closed. Jean led closing with the responsibility pledge.

Committee meetings: Please send committee meeting minutes if you have them.

Twelve Steps Within:

PIPO:

Respectfully submitted,

Sarah S. Unity IG secretary