

December 9, 2023

12:30 pm to 2:30 pm

**UNITY INTERGROUP MEETING AGENDA**

Zoom Meeting - <https://us02web.zoom.us/j/81044264132?pwd=ZXIzZ1IsQ0xDb0c0QVhSak1MaFhWZz09>

Meeting ID: 810 4426 4132

Passcode: 12345#

	<b>Time</b>	<b>TOPIC</b>	<b>LEADER</b>	<b>DETAILS</b>
1	12:30	Welcome	Jean	Welcome & Serenity prayer <ul style="list-style-type: none"><li>• Introductions &amp; Welcome to new reps!</li></ul>
2	12:35	Tradition 12	Intergroup Rep	"Anonymity is the spiritual foundation of all these traditions, ever reminding us to place principles before personalities."
3	12:40	Minutes		Review/approve November Minutes
4	12:45	Financials	Betty	Review/ approve November Financial Report
5	12:50	Newsletter	Open	<ul style="list-style-type: none"><li>• We need a Newsletter Editor</li><li>• Monday Night Robbinsdale meeting volunteered for January</li><li>• Tuesday morning HOW meeting volunteered for February</li><li>• We need volunteers for March</li><li>• sarahmgs@comcast.net</li></ul>
6	12:55	Intergroup Business	Jean Jane	<ul style="list-style-type: none"><li>• Review Open Intergroup Positions – Treasurer &amp; Newsletter Editor.</li><li>• Upcoming Elections (January 2024)</li><li>• We need volunteers to help us contact meetings to make sure they are still open.</li><li>• R4 Update – choosing new region</li></ul>
7	1:15	Events/ Committee Reports.	Event Leaders	<ul style="list-style-type: none"><li>• There will be a Buffalo Retreat – Jean and Jane are Co-chairing.</li><li>• 12 Step Within will be meeting on Zoom December 5 @ 5:30 pm</li><li>• 12 Step Within Zoom workshop on Sunday. December 10 @ 1:00 pm (Link is on overeaters.org and on the flyer)</li></ul>
8	1:30	Announcements	Everyone	<ul style="list-style-type: none"><li>• We will have elections in January</li><li>• We also want to ask folks to visit live meetings</li></ul>
9	1:35	Closing	Everyone	<ul style="list-style-type: none"><li>• Closing Remarks – Responsibility Pledge followed by the Serenity Prayer</li></ul>
10	1:40	Committee Mtg	Send notes to Secretary	<ul style="list-style-type: none"><li>• Professional Outreach/ Public Information -</li><li>• Twelfth Step Within –</li></ul>

***Responsibility Pledge***

Always to extend the hand and the heart of OA to all who share my compulsion:  
for this I am responsible.

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**Detailed information on events listed below. Keep verbal event announcements brief.**

**Past Events:**

**Unity Intergroup Upcoming Events:**

December 10, 2023 – Twelfth Step Within Zoom Workshop 1:00-2:30. Use Unity IG zoom on our website.

April 12, 13, 14, 2024 Buffalo Retreat

**R4 Upcoming Events**

- Region 4 Convention 2024-
- Community Conversations- It's an opportunity to get to know some of your fellows from Unity and other Region 4 Intergroups. 3<sup>rd</sup> Sunday of each month at 5pm.  
<https://us06web.zoom.us/j/91896335029?pwd=anM0WHQ4aDFhMGxjUnBHemFodU5tZz09>  
Meeting ID: 918 9633 5029. Passcode: 182172  
December 17, 2023, January 21, 2024, February 18, 2024