

Unity Intergroup Meeting Minutes – September 9, 2023

Attendees:

UIG Trusted Servants: IG Chair Jean K; Vice Chair & Region Rep Jane; MN Convention chair & temp Treasurer Betty C.

IG Reps: Theresa Z., Lori K., Joni O., Julie K., Sarah S., Jake K., Liz Z., Bonnie S., Lynn H., Barb L., Eileen, Ruth N., Laurie C., Judith, Theresa, Peggy

Welcome:

1. Tradition 9 - Betty shared about Tradition 9.
2. Review August Minutes - Motion Betty, Second Jane, August Minutes approved.
3. July Treasurer's Report: August is the 2nd month of our fiscal year. Discussion of fees related to convention. Constant Contact fees are paid and up to date. Eileen moved to accept the treasurer report as amended, Ruth seconded. August Treasurers report approved. We have filed our 2022-23 Tax Return and submitted our Annual Report to the State of Minnesota as a registered non-profit organization.
4. Newsletter: We need a newsletter editor. Training will be provided. Discussion about Newsletter editor position and where to email stories. Sarah's email will be the temporary email address for newsletter submissions.
 - October: Mankato meeting volunteered
 - November: Chippewa Falls meeting volunteered
 - Send your stories to: sarahmgs@comcast.net
5. Intergroup Business:
 - Open board positions:
 - Treasurer- 1 year abstinence, willing to learn quick books (Intergroup has an account) & Newsletter Editor – 90 days abstinence, there is an existing Newsletter template.

- Jean spoke about the dissolution of Region 4. Fall assembly will be virtual. There will be a meeting at the Fall Assembly with Reps from neighboring Regions. Region 5 is the closest Region to us geographically. Jean has looked at their website and how they operate. The decision of which Region we join with be made with input from all the groups within Unity IG. To learn more about this process, join Community conversations on Zoom (details below). 7th tradition donations to Region 4 can still be made to cover the ongoing expenses for the support of all groups in the Region. Minnesota Tech for Success will take our printer/copier and donate or recycle it.

6. Events/Committee reports:

- Buffalo Retreat- Jean K and Jane S will co-chair the retreat. Dates are April 12 -14th 2024.
- MN State Convention – October 6 – 7 2023. Discussion about scholarships, there have been 6 requests, please be sure Groups/members know they are available. Registration is not full. Please continue to announce it at your meetings. Discussion about option to attend Friday or Saturday only at a reduced rate. This option is currently not available and there will not be on-site registration. Will walk ins be able to attend? Will It will be based on final numbers, total for Fire code is 300. Question about a meeting wanting to donate literature that they no longer need, to the convention.
- Twelve Steps Within - Sunday December 10th from 1 – 2:30 there will be a Twelve Steps within workshop on Zoom.
- Upcoming Quick Steps Workshop October 14th & 28th, 9am – 1pm on Zoom. Link for registration is <https://airtable.com/shrI6LWbh1vgMjCeV>.

7. Announcements: Next Region 4 Community Conversations is September 17th. The Zoom link is on the Unity IG website at <https://overeaters.org/upcoming-oa-events/>.

- Meeting in Crystal Wednesday is now a 1 hour long from 1-2:00.

8. Closing – Jean led closing with the responsibility pledge.

Committee meetings

- PIPO did not meet this month
- Twelve Steps Within Committee:
Attendees: Jane S, Lori K, Laurie C, Barb L, Jean K

Discussed times that might work for the group to get together when Marque is available to begin planning for the December 10, 2023 - 1:00 pm-2:30 pm Zoom workshop being planned.

Marque and Jean were going to get together a "save the date" card to have available at Convention in October.

Lori K asked if the Big Book Study falls under 12th Step Within as she is currently the only member - with Howard as Tech Support. Since the platform is likely to remain Zoom based, there is not the need for as many people as in the past, but there should be more than one or two people.