

Unity Intergroup Meeting Minutes – October 14, 2023

Attendees:

UIG Trusted Servants: IG Chair Jean K.; MN Convention chair & temp Treasurer Betty C.; IG Secretary Sarah S.; Cathy G. IG web coordinator and WSO delegate.

IG Reps: Theresa Z., Julie K., Liz Z., Lynn H., Eileen, Laurie C., Dru F., Molly H., Michele G.; Maryann W.; Christi C.; Jane L.; Liz J.; Wendy S.; Lori K.

Welcome:

1. Tradition 10- Sarah shared about Tradition 10.
2. Review September Minutes - Motion Cathy, Second Betty, September Minutes approved.
3. September Treasurer's Report: Discussion of fees/financials related to convention. Sarah moved to accept the treasurer's report, Cathy G. seconded. September Treasurer's report approved. We have filed our 2022-23 Tax Return and paid filing fees.
4. Newsletter: We need a newsletter editor. Training will be provided. Sarah's email is the temporary email address for newsletter submissions.
 - November: Chippewa Falls meeting volunteered
 - December: TBD – service opportunity
 - January: Robbinsdale meeting
 - Send your stories to: sarahmgs@comcast.net
5. Intergroup Business:
 - Open board positions:
Treasurer- 1 year abstinence, willing to learn quick books (Intergroup has an account) & Newsletter Editor – 90 days abstinence, there is an existing Newsletter template.
 - Intergroup elections will be held at the January Intergroup meeting. Please encourage your group to send representatives. (2 per group)

- Cathy discussed reviewing our Intergroup meeting list to be sure it is accurate. This request was made by region 4 and WSO.
- By laws are current now, they will need to be reviewed/updated when we change Regions.
- Jean spoke about the dissolution of Region 4. Region 5 is our closest region geographically. Jean & Cathy shared their impressions of Region 5 events and business practices and liked what they have heard. Unity IG will stay with Region 4 until it closes.

6. Events/Committee reports:

- Buffalo Retreat- Jean K and Jane S will co-chair the retreat. Dates are April 12 -14th 2024.
- MN State Convention was October 6 – 7 2023. Betty gave a preliminary convention report. There were some things that worked better than others. Overall, a very positive response from attendees. The Convention committee will meet to wrap up next week.
- Twelve Steps Within - Sunday December 10th from 1 – 2:30 there will be a Twelve Steps within workshop on Zoom. Flyers have been printed for distribution at meetings and one is printed in the October Newsletter. Sign-up information will be available later. No charge to attend but 7th Tradition donations will be appreciated.
- PIPO update on the banner for display at events. OA will have a table at the Mental Health Education Conference Resource Fair on October 22nd at Temple Israel. The link for information and registration is:
https://jfcsmpls.org/wp-content/uploads/2023/04/MHEC_brochure_23.pdf

7. Announcements:

Group representation is important, please let Intergroup know which group you represent so we have a record. Each group can have 2 representatives. Next Region 4 Community Conversations meeting is on October 15 at 5pm CT. The Zoom link is:

<https://us06web.zoom.us/j/91896335029?pwd=anM0WHQ4aDFhMGxjUnBHemFodU5tZz09>.

8. Action Items:

- Getting volunteers for Intergroup meeting audit; if you want to participate, please contact Sarah S., sarahmgs@comcast.net.
- Sarah will contact Chippewa Falls group re: November Newsletter submissions.

9. Closing – Jean led closing with the responsibility pledge and Serenity Prayer.

Committee meetings:

PIPO (public information & public outreach)

We discussed other types of events/audiences to research, such as dieticians and diabetes educators.

Upcoming: We will have a table at the Mental Health Education Conference on Oct. 22 -- free to attendees and exhibitors!

Twelve Steps Within

Committee reviewed workshop outline and discussed meeting outside the Intergroup Meeting between now and November 11. A Zoom invitation will be sent to those who indicated interest when scheduled.

Respectfully submitted,

Sarah S. Unity IG secretary