

October 14, 2023

12:30 pm to 2:30 pm

UNITY INTERGROUP MEETING AGENDA

Zoom Meeting - <https://us02web.zoom.us/j/81044264132?pwd=ZXIzZ1IsQ0xDb0c0QVhSak1MaFhWZz09>

Meeting ID: 810 4426 4132

Passcode: 12345#

	Time	TOPIC	LEADER	DETAILS
1	12:30	Welcome	Jean	Welcome & Serenity prayer <ul style="list-style-type: none">• Introductions & Welcome to new reps!
2	12:35	Tradition 10	Intergroup Rep	"Overeaters Anonymous has no opinion on outside issues; hence the OA name ought never be drawn into public controversy."
3	12:40	Minutes		Review/approve September Minutes
4	12:45	Financials	Betty	Review/ approve September Financial Report
5	12:50	Newsletter	Christi	<ul style="list-style-type: none">• We need a Newsletter Editor• We need volunteers for November• We need volunteers for December• Monday Night Robbinsdale meeting volunteered for Jan.• Unitynewsletters2023@gmail.com.
6	12:55	Intergroup Business	Jean Jane	<ul style="list-style-type: none">• Review Open Intergroup Positions – Treasurer & Newsletter Editor.• We need volunteers to help us contact meetings to make sure they are still open.• R4 Update – choosing new region
7	1:15	Events/ Committee Reports.	Event Leaders	<ul style="list-style-type: none">• There will be a Buffalo Retreat – Jean and Jane are Co-chairing.• Convention Recap• 12 Step Within will be meeting on zoom Oct 11 @ 5:30 pm
8	1:30	Announcements	Everyone	<ul style="list-style-type: none">• We will have elections in January• We also want to ask folks to visit live meetings
9	1:35	Closing	Everyone	<ul style="list-style-type: none">• Closing Remarks – Responsibility Pledge followed by the Serenity Prayer
10	1:40	Committee Mtg		<ul style="list-style-type: none">• Professional Outreach/ Public Information -• Twelfth Step Within –

Responsibility Pledge

Always to extend the hand and the heart of OA to all who share my compulsion:
for this I am responsible.

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Detailed information on events listed below. Keep verbal event announcements brief.

Past Events:

Region 4 Assembly- looking for a new region.

MN OA Convention-

Unity Intergroup Upcoming Events:

December 10, 2023 – Twelfth Step Within Zoom Workshop 1:00-2:30. Use Unity IG zoom on our website.

April 12, 13, 14, 2024 Buffalo Retreat

R4 Upcoming Events

- Region 4 Convention 2024-
- Community Conversations- It's an opportunity to get to know some of your fellows from Unity and other Region 4 Intergroups. 3rd Sunday of each month at 5pm.
<https://us06web.zoom.us/j/91896335029?pwd=anM0WHQ4aDFhMGxjUnBHemFodU5tZz09>
Meeting ID: 918 9633 5029. Passcode: 182172
October 15,2023, November 19, 2023, December 21, 2023