

Unity Intergroup Meeting Minutes

June 10, 2023

ATTENDEES:

Board: IG Chair – Jean K; IG Secretary – Open (Peg M filling in this month); IG Treasurer; Region 4 representatives – Cathy G, Luci C. Lynn H; Christi C, Marque N, Theresa Z, Deb C; Meg, Wendy S, Jake K, Lori K, Sarah S, Theresa K, Peggy, Bonnie S, Christi

1. Welcome: Jean opened the meeting with the Serenity prayer and introductions.
2. Meg began the meeting with the announcement that Region IV is folding due to lack of leadership. Though our intergroup is free to integrate with any region, Meg suggests that Region V is geographically closest to us. All Region IV reps retain their status for the remainder of their term.
Next “Community Conversation” is being held in July. These meetings are held the third Sunday of each month at 5:00 via Zoom. (There will not be a June meeting)
An open discussion followed with questions and concerns about the decrease in participation and leadership.
3. Tradition 6: Cathy G pitched on the value of the Tradition.
4. Secretary report:
Christi asked to correct the email address for the Newsletter to Unitynewsletters2023@gmail.com,
Christi moved to accept and Cathy G seconded the motion with the correction. Motion carried
5. Newsletter:
 - Saturday Morning Eden Prairie volunteered for August
 - September is open and Jean asked for a group to volunteer
 - Mankato has volunteered for October
5. Treasure’s Report
Marque moved to accept; Cathy G seconded; motion passed
6. Intergroup Business:
Open board positions:
 - Secretary and Treasurer
 - Meet once a month to talk about the agenda and any special items the board needs to address.
 - Abstinence requirement: 1 year
 - Bylaw Chair position is open as well.
7. Events/Committee reports:
 - BIG BOOK STUDY

Report from Lori K: The study was great – the best ever. However, there was a big glitch with Zoom that ended up restricting the number who actually attended. 140 people registered but by on Friday night only 70 were able to join the meeting and the meeting dropped to 50 on Saturday. Prior to next year's BB study, the Zoom account will be corrected to accommodate numbers greater than 100.

- WSO BUSINESS MEETING

Report from Cathy G on new literature approved at WSO business meeting. The literature will be on mental health and compulsive eating

- CONVENTION is scheduled for Oct 6 and 7, 2023 – Friday evening (7:00?) until dinnertime Saturday.
 - Theme: Attitude of Gratitude
 - Location: Crowne Plaza in Plymouth:
 - Early registration: \$65. After August 31: \$75
 - Registration closes: September 30.
 - Lunch is included in the registration fee.
 - Room rate is \$115 per night. Our contract for keeping the price down is a minimum of 40 rooms.
- 12th Step Within is considering a workshop/presentation at the Convention and a Zoom workshop in December (related to 12/12)
- 8. Announcements
- 9. Newsletter will be posted following today's meeting
- 10. Closing – Jean led closing with the responsibility pledge.

Committee meetings – we broke into two breakout rooms.

- Professional outreach
- Twelve Step Within