

Unity Intergroup Meeting Minutes

July 8, 2023

Attendees

UIG Trusted Servants: IG Chair Jean K; Vice Chair & Region Rep Jane; MN Convention chair & temp Treasurer Betty C.; WSO Delegate & R4 Rep Cathy G.; WSO Delegate, R4 Treasurer & Literature Coordinator Amy D.

IG Reps: Theresa Z., Laurie C., Joni O., Peg M., Julie K., Sarah S., Jake K., Liz Z., Bonnie S., Michele G., Marque N., Maryann W, Lynn H., Marque N.

Welcome: Jean opened the meeting with the Serenity prayer and introductions.

1. Tradition 7: Amy D. spoke on the 7th Tradition
2. Secretary Report: Peg & Cathy fixed a few language issues. Peg moved to accept the secretary report as amended. Cathy G seconded
3. June Treasurer's Report: Peg moved to accept the treasurer report as is, Mark seconded
 - Newsletter: We need an assistant Newsletter editor and support – Training provided
 - August: Eden Prairie volunteered
 - September: We need a group to volunteer
 - October: Mankato volunteered
 - Send your stories to: ***expressionsofunity2022@gmail.com***.
4. Intergroup Business:
 - Open board positions: We are in need of a Treasurer
 - Sarah S. has been voted in as Secretary.
 - Bob was voted in as By-Law Chair.
 - Budget for new Fiscal Year- Betty will make amendments. We will vote on the Budget in August.

- Scholarship: Amendments will be made, and the form will be available on Unity Intergroup Website.
- Amy D spoke about how Region 4 will choose a new intergroup. Also, we should not worry about sending funds to R4. We need more people to attend to pick which intergroup we'll merge work. Fall assembly will be in person. We do not know if we will be having the 2024 convention.

5. Events/Committee reports:

- Buffalo Retreat- Jean K and Jane S will co-chair the retreat.
- MN State Convention will happen

6. Announcements: Community Conversations July 16. The R4 website is <https://oaregion4.org/>

7. Closing – Jean led closing with the responsibility pledge.

8. Committee meeting – we broke into two breakout rooms.

- Professional outreach
- Twelve Step Within.

Twelve Step Within Committee notes:

Jean K, Marque, Mary Ann, Liz Z, Laurie C. Jane s.

Thanks to Marque N for volunteering to chair the 12 step within committee.

The workshop is scheduled for December 10th 1-2:30. International 12 Step Within day.

We plan on using the workbook, 2 Steps Back 12 steps Forward.

We will look at the issues that prevent us from coming back from relapse or if someone is struggling to find their abstinence.

Also, do you sponsor someone who is recovering from relapse or struggling in program? How coming back is not scary but loving and respectful. Calling people while they are in relapse.

We also talked about accountability buddies to help each other stay on track.. Making a commitment to get to one meeting every week and let your fellows know that.

The 30 questions on slipping and sliding– 12 step material (Help people to find it on oa.org.) action buddies.

PIPO committee notes:

- Committee approved copy for a new retractable banner
- We'll use the tabletop display holders for the QR code and to pilot other messages
- Cathy will connect with Christi to create design files for vendor
- Banner will have a presence at Convention