

Unity Intergroup Meeting Minutes

February 12, 2022

ATTENDEES: Annette P-R, Amanda A, Sarah U, Amy R, Meg M, Chad T, Kendra, Betty, Rosemary F, Cecelia, Cathie, Julie K, Nikki, Val, Crystal, Deb C, Jane S, Gloria F

UIG TRUSTED SERVANTS: IG (Acting) Chair- Annette P-R, IG Vice Chair – open, Secretary - Amanda A, IG Treasurer – Annette P-R; Region 4 Representatives - Cathy G, Amanda A, Jane S; WSBC Delegates - Amy D; By Laws Chair - Jill S; Quick Steps Co-Chairs – Cecilia, Pat W; Public Info Co-Chairs - Betty C, open; Hot Line Responders – Nancy K, Mary B; Literature Coordinators - Betty C, Penda K; Newsletter Editor - Jill S; Print Coordinator – Nancy K; Web Content Manager - Cathy G; Zoom Meeting Managers – Annette P-R, Jill S

1. Welcome: Annette opened the meeting with the Serenity Prayer and introductions.
2. Tradition 1: Annette read and Betty pitched on Tradition 2.
3. Guest Speaker: Amy R shared her story for 20 minutes.
4. Secretary's Report: Annette presented the minutes of the January meeting. After the review, a motion was made by Betty to pass the January minutes, it was seconded by Rosemary and the motion was passed.
5. Treasurer's Report: Betty presented the January expenses. After the review, a motion was made by Jane to pass the expense report, it was seconded by Chad and the motion was passed.
6. Newsletter: Monthly articles will correlate with the month, i.e. March is the 3rd month so articles can focus on the 3rd step, 3rd tradition, 3rd principle. To submit articles or information to be included in the newsletter send them to expressionsofunity2021@gmail.com. Reps can also encourage members at their meetings to click on the link and read the Newsletter. All articles need to be submitted by the 27th of the prior month, i.e. March articles are due on February 27th. Meetings volunteering for future monthly newsletter articles – March: Monday Night Anoka; April: Wednesday 7pm St Paul; May: Tuesday 6pm Virtual HOW
7. 2022 Elections
 - Elected Positions still needed:
 - Chair
 - Vice Chair
 - Region 4 Rep – Jane S was voted in. Congrats Jane!
8. Intergroup Biz:
 - Revamped Intergroup meetings – Meg brought forward the idea of having working groups in future IG meetings. There will be three groups: 12 Step Within, Professional Outreach, Public Information. We will be focusing on bringing excitement about OA and IG to our community. Breakout groups will begin in March.
 - Agenda Questionnaire – Meg presented the WSBC agenda and votes were made if
 - Discussion and voting on updated bylaws – Tabled until March meeting
9. OA Events/Carrying the Message:

Update on recent events:

- Quick Steps – January 15 & January 29, 2022 9-12:30 (virtual)
- Region 4 Community Conversations – January 16
- Region 4 Fun Night – January 29, 2022

Unity Intergroup upcoming events:

- Buffalo Retreat – April 8-10, 2022
- Men's Retreat – April 29-May 1, 2022
- Big Book Study – tentative May 13-15, 2022 (TBD Hybrid or Zoom)
- 2022 MN State Convention – Currently there is no chair/co-chair for this event. ***Reps please bring this to your groups to see if there is willingness to serve on a convention committee in any capacity***

Reminder: We do have a list of people, available on request, who may be interested in volunteering to help with an upcoming program.

Region 4 upcoming events: (oaregion4.org for more information)

- Community Conversation – February 20, 2022 (3rd Sunday of every month at 5pm CST via zoom)
- Intergroup Renewal Kickstart – May 7, 2022 8:45am-3:00pm (Fargo, ND)
- Region 4 Convention (Omaha) – July 15-17, 2022

10. Announcements:

- April Intergroup meeting to be held at Buffalo Retreat April 9th from 3-4:30pm
- Annette showed the new Region 4 website – www.oaregion4.org
- Recovery from Relapse meeting – Thursdays 6pm via Zoom – IG reps please announce at your meetings

11. Closing: A motioned was made by Jane to close the meeting, it was seconded by Betty. Closed with the Serenity Prayer.