January 8, 2022 12:30 pm to 2:30 pm

UNITY INTERGROUP MEETING AGENDA

Zoom Meeting - https://us02web.zoom.us/j/81044264132?pwd=ZXIzZ1lsQ0xDb0c0QVhSak1MaFhWZz09

Meeting ID: 810 4426 4132 Passcode: 12345#

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_	TOPIC	LEADER	DETAILS
1	Welcome	Lori	Welcome & Serenity prayer
			Introductions & Welcome to new reps!
2	Tradition One	Intergroup Rep	Tradition One: The only requirement for membership is a desire
			to stop eating compulsively.
3	Speaker	Marque	Experience, Strength, and Hope
4	Minutes	Amanda	Review/approve December Meeting Minutes
5	Financials	Annette	Review/approve December financial report
			Things paid out & received in December
6	Newsletter	Jill	January Newsletter is out. Thank you for all those who
			contributed!
			Upcoming Group Contributing Articles – articles can be
			written on the Step or Tradition of the month (ie.
			January is Step 1 or Tradition 1):
			 <u>January</u>: Saturday Golden Valley 10 AM
			 <u>February</u>: Crystal, MN & Marshfield, WI
			o <u>March:</u> TBD
7	Annual Elections	Lori	Send articles by the 27 th of the month to <i>expressionsofunity2021@gmail.com</i> .
'	Annual Elections	Lori	• Chair
			Vice Chair Sagarda ma
			Secretary
			Treasurer
			Region 4 Reps 1–4 + alternate
			WSBC Delegates 1–4 + alternate Display 1 (2) 1 (2) 2 (
			Big Book Study 2022
			Bylaws
			Quick Steps
			Public Info
			Outreach
			Hotline Responder
			Literature coordinator
			Newsletter Editor Newsletter Editor
			Print Coordinator (If needed)
			Wi-fi Phone system (if needed)
	/		Zoom Meeting Manager
8	Events/	Event Leaders	Update on events:
	Carrying the		• ?
	Message		Unity Intergroup upcoming events:
			Quick Steps (virtual) – Jan 15 & Jan 29 Duffala Patrack - April 8 10 2022
			Buffalo Retreat – April 8-10, 2022 April 20 May 1
			Men's Retreat – April 29 – May 1 Dig Rook Study Data TRD Hybrid or Zoom
			Big Book Study Date TBD Hybrid or Zoom Convention 2022 TBD Need clasin (cochain)
			Convention 2022 – TBD - Need chair/cochair Paging 4 years in a yearter (a year in 4 years in 6 years in 6 years)
			Region 4 upcoming events: (oaregion4.org for more information)
			 Region 4 Community Conservations – January 16th (3rd Sunday of month at 5:00 PM via Zoom)
			Region 4 Fun Night – January 29 th
1	I	1	- Negion - Landing it - January 23

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			Intergroup Renewal Kickstart – May 13 th 8:45 AM-3PM Bemidji MN
			Region 4 Convention (Omaha) – July 15-17, 2022
9	Announcements	Everyone	Recovery from Relapse meeting – Thursdays 6pm via
			Zoom- please announce at your meetings
			Any Other Announcements?
10	Intergroup	Group	Discussion and voting on updated bylaws – Tabled until
	Business		February meeting
			Agenda Questionnaire – February meeting
			Brainstorming/Working Session - Help/serve our meetings:
			Social events
			Carrying the Message
			 Outreach committee update (Jane)
			Other topics
11	Closing	Everyone	Closing Remarks
			Serenity Prayer