

## UNITY INTERGROUP MEETING AGENDA

October 14, 2017

12:30 – 2:30pm

*“The primary purpose of this organization is to aid those with the problem of compulsive overeating through the Twelve Steps of Overeaters Anonymous and to represent the OA groups from which the Intergroup is formed.”*

Time	Topic	Presenter	Expected Outcomes
12:30 1	<b>A. Call to order</b>	Mary T.	Begin meeting and welcome. Reminder to silence cell phones. Reminder to review and initial Purple Binder. Serenity Prayer. Introductions.
12:35 2	<b>B. Chair Opening Remarks</b>	Mary T.	Read Concept 10 ..
12:40 3	<b>C. Vice Chair Remarks</b>	Jill S.	Read Tradition 10. Welcome any new Intergroup representatives. Meet with Vice Chair after meeting to receive Intergroup Representative Handbook.
12:45 4	<b>D. Secretary Report</b>	Jill S.	Review and make amendments to Intergroup Meeting Minutes for September. Any new representatives can sign up for Talking Points with Secretary after the meeting.
12:50 5	<b>E. Treasurer Report</b>	Mary T.	Income & Expenses Report for September 2017.
Time	Topic	Presenter	Expected Outcomes
6	<b>F. State Convention</b>	Rebecca W.	Encourage people to stay at the hotel and purchase meals
7	<b>G. New Business</b>	Mary T. Rebecca W.	Contract for the Buffalo Retreat must be signed before on January 24. Survey questions and group conscience.
8	<b>I. Group Dependent Services</b> a. Newsletter Reminder: Groups should have their articles submitted by the third Saturday before the month assigned. Please submit to: <a href="mailto:expressionsofunity@gmail.com">expressionsofunity@gmail.com</a>	Michelle A.	<b>Newsletter</b> October: Woodbury, Friday 10am November: The Board December: Minneapolis, Monday January: OA in Action, Tuesday night
9	b. Newcomer Meeting Note: Groups send 3 or more speakers. Meeting held the third Saturday of each month from 12:45 to 2:45pm at the Sumner Library.	Chris K. & Sasha S.	<b>Newcomer Meeting held at Sumner Library</b> September: Eden Prairie October: Bloomington 6:30 meeting November: Robbinsdale Monday night December: Circle Pines, Saturday morning
10	<b>H. Elected Coordinators</b>		
	a. Email & Event	Howard W.	
	b. Hot Line	Nancy K.	

	c. Literature	Dawn S.	
	d. Printing	Cal N.	
	e. Teleconference	Cathy G.	
	f. Web	Mary T.	
	g. Social Media	Howard W.	
<b>10</b>	<b>H. Elected Committee/Event Chairs</b>		<b>For the following committees and events, no reports are expected unless noted.</b>
	b. Bylaws Committee	Bob S.	
	c. OA Quick Steps	Gene O.	
	d. Professional Outreach	Cathi J.	
	e. Public Information	Margie A.	
	f. Registrar	Jill S.	Check to be sure that contact and meeting information is up to date. Tracking attendance by spreadsheet. If a meeting has a dial in number, please put it in the purple book.
	g. Twelve Step Within	Carolyn S.	
	h. Big Book Study	Randee E.	
	i. Buffalo Retreat	Nancy K. Jean K.	Weekend after Easter - April 6, 7, 8.
	j. Region 4 and World Service	Annette P.	
<b>12</b>	<b>K. Old Business</b>		
<b>13</b>	<b>L. Final Announcements</b>	Mary T.	
<b>14</b>	<b>M. Adjournment and Serenity Prayer</b>	Mary T.	

**New IG Reps:** Please see Jill S. (Vice Chair) after the meeting for your UIG (Unity Intergroup) manual. Please see Jill S. (Secretary) to be added to the Talking Points list. The Talking Points are sent via email and are a quick summary of the IG meeting that you can bring back to your meetings. The summaries can be read directly as written during your meetings.

**Definition of Abstinence:** "Abstinence is the action of refraining from compulsive eating and compulsive food behaviors while working towards or maintaining a healthy body weight. Spiritual, emotional and physical recovery is the result of living the Overeaters Anonymous Twelve-Step program."