

UNITY INTERGROUP MEETING AGENDA

April 8, 2017
12:30 – 2:30pm

“The primary purpose of this organization is to aid those with the problem of compulsive overeating through the Twelve Steps of Overeaters Anonymous and to represent the OA groups from which the Intergroup is formed.”

Time	Topic	Presenter	
12:30 1	A. Call to order	Mary T.	Begin meeting and welcome. Reminder to silence cell phones. Reminder to review and initial Purple Binder. Serenity Prayer. Introductions.
12:40 2	B. Chair Opening Remarks C. Vice Chair Remarks	Mary T. Jill S.	Read Concept 4 Read Tradition 4. Welcome any new Intergroup representatives. Meet with Vice Chair after meeting to receive Intergroup Representative Handbook.
12:45 3	D. Secretary Report	Rebecca W. Volunteering Time’s up!	Review and make amendments to Intergroup Meeting Minutes for February. Any new representatives can sign up for Talking Points with the registrar in the purple binder. Talking points show of hands.
12:50 4	E. Treasurer Report Note: Contact Suzanne J. directly for any needed money.	Suzanne J.	1) Income & Expenses Report for February 2017. 2) Budget vs. Actual July 2016 to February 2017. 3) Audit update. 4) Committee budget update
Time	Topic	Presenter	Expected Outcomes
8	F. Group Dependent Services a. Newsletter Reminder: Groups should have their articles submitted by the third Saturday before the month assigned. Please submit to: expressionsofunity@gmail.com	Open	<u>Newsletter</u> April: Roseville, Saturday 8:00 am May: Anoka Monday 7:00 pm June: Minneapolis, Monday 7:15 pm July: Circle Pines Saturday 8:00 am July: Open August: Open
9	b. Newcomer Meeting Note: Groups send 3 or more speakers. Meeting held the third Saturday of each month from 12:45 to 2:45pm at the Sumner Library.	Chris K. & Sasha S.	Newcomer Meeting held at Sumner Library April: Sunday OA HOW 7:00 pm St. Louis Park May: Saturday OA HOW 8:00 am Circle Pines June: Saturday Unity OA 10:00 am Golden Valley
10	G. Old Business	Mary T.	
5	H. Meet and Greet New approach to meeting and greeting.	Mary T.	Refelctions on Buffalo Retreat
Time	Topic	Presenter	Expected Outcomes
11	I. New Business	Mary T.	

7	J. Elected Committee/Event Chairs		For the following committees and events, no reports are expected unless noted.
	a. State Convention	Open	Janelle Volunteering
	b. Bylaws Committee	Bob S.	
	c. OA Quick Steps	Gene O.	April 8 & 11 St Anthony
	d. Professional Outreach	Cathi J.	
	e. Public Information	Margie A.	Women's Expo—March 18 Minneapolis REPORT Longevity Expo – April 8 in Maple Grove
	f. Registrar	Cheryl R (Jill S filling in)	Check to be sure that contact and meeting information is up to date. Tracking attendance by spreadsheet.
	g. Sponsorship Workshop January 2018	Open	
	h. Treatment Center Outreach	Open	Discussion about the future of this committee
	i. Twelve Step Within	Carolyn S.	<i>Twelve Step Within</i> is for OA members who are still struggling.
	j. Big Book Study	Randee E.	Big Book Study will be held on May 19, 20, and 21 at North Hennepin Community College.
	k. Buffalo Retreat	Debbie N. Collette S.	Buffalo Retreat--REPORT
	l. Region 4 and World Service	Annette P.	
6	K. Elected Coordinators		
	a. Email & Event	Open (Howard Volunteer)	
	b. Hot Line	Nancy K.	
	c. Literature	Dawn S.	
	d. Printing	Cal N. (VOTE)	Thanks for your service the past few months Shiloh!
	e. Teleconference	Lance	
	f. Web	Beth K.	Website Update
	g. Social Media	Howard W.	

12	L. Final Announcements	Mary T.	
	M. Adjournment and Serenity Prayer	Mary T.	

New IG Reps: Please see Jill S. (Vice Chair) after the meeting for your UIG (Unity Intergroup) manual. Please see Cheryl R. (Registrar) or add your info to the purple binder to be added to the Talking Points list. The Talking Points are sent via email and are a quick summary of the IG meeting that you can bring back to your meetings. The summaries can be read directly as written during your meetings.

Definition of Abstinence: "Abstinence is the action of refraining from compulsive eating and compulsive food behaviors while working towards or maintaining a healthy body weight. Spiritual, emotional and physical recovery is the result of living the Overeaters Anonymous Twelve-Step program."