

## UNITY INTERGROUP MEETING AGENDA

August 12, 2017

12:30 – 2:30pm

*“The primary purpose of this organization is to aid those with the problem of compulsive overeating through the Twelve Steps of Overeaters Anonymous and to represent the OA groups from which the Intergroup is formed.”*

Time	Topic	Presenter	Expected Outcomes
12:30 1	<b>A. Call to order</b>	Mary T.	Begin meeting and welcome. Reminder to silence cell phones. Reminder to review and initial Purple Binder. Serenity Prayer. Introductions.
12:40	<b>B. Chair Opening Remarks</b>	Mary T.	Read Concept 8
2	<b>C. Vice Chair Remarks</b>	Jill S.	Read Tradition 8. Welcome any new Intergroup representatives. Meet with Vice Chair after meeting to receive Intergroup Representative Handbook.
12:45 3	<b>D. Secretary Report</b>	Jill S. for Rebecca W.	Review and make amendments to Intergroup Meeting Minutes for July. Any new representatives can sign up for Talking Points with Secretary after the meeting.
12:50 4	<b>E. Treasurer Report</b> Note: Contact Suzanne J. directly for any needed money.	Suzanne J.	1) Income & Expenses Report for July 2017. 2) Budget vs. Actual July 2016 to July 2017.
Time	Topic	Presenter	Expected Outcomes
5	<b>a. State Convention</b>	Cathi J.	
6	<b>F. Meet and Greet</b>	Mary T.	
7	<b>G. Elected Coordinators</b>		
	a. Email & Event	Michelle A.	
	b. Hot Line	Nancy K.	
	c. Literature	Dawn S.	
	d. Printing	Cal N.	
	e. Teleconference	Cathy G.	
	f. Web	Beth K.	
	g. Social Media	Howard W.	
8	<b>H. Elected Committee/Event Chairs</b>		<b>For the following committees and events, no reports are expected unless noted.</b>
	b. Bylaws Committee	Bob S.	
	c. OA Quick Steps	Gene O.	The next Quick Steps is scheduled for September 16 and 30 at the Mayflower United Church in Minneapolis.

	d. Professional Outreach	Cathi J.	
	e. Public Information	Margie A.	
	f. Registrar	Open	Check to be sure that contact and meeting information is up to date. Tracking attendance by spreadsheet. If a meeting has a dial in number, please put it in the purple book.
	g. Sponsorship	Open	The 3 <sup>rd</sup> Saturday in August is Sponsorship Day per World Service, which is August 19 <sup>th</sup> this year.
	h. Twelve Step Within	Carolyn S.	The Fall Retreat is the <i>ABCs of Abstinence</i> at the Arboretum on September 23 from 9am to 4pm.
	i. Big Book Study	Randee E.	
	j. Buffalo Retreat	Nancy K. Jean K.	Weekend after Easter - April 6, 7, 8.
	k. Region 4 and World Service	Annette P.	
<b>9</b>	<b>I. Group Dependent Services</b> a. Newsletter Reminder: Groups should have their articles submitted by the third Saturday before the month assigned. Please submit to: <a href="mailto:expressionsofunity@gmail.com">expressionsofunity@gmail.com</a>	Michelle A.	<b><u>Newsletter</u></b> September: Anoka, Monday night October: Woodbury, Friday 10am November: The Board December:
<b>10</b>	b. Newcomer Meeting Note: Groups send 3 or more speakers. Meeting held the third Saturday of each month from 12:45 to 2:45pm at the Sumner Library.	Chris K. & Sasha S.	<b>Newcomer Meeting held at Sumner Library</b> August: Anoka Monday night September: Eden Prairie October: November:
<b>11</b>	<b>G. New Business</b>		Introduction to strategic planning
<b>12</b>	<b>L. Final Announcements</b>	Mary T.	
<b>13</b>	<b>M. Adjournment and Serenity Prayer</b>	Mary T.	

**New IG Reps:** Please see Jill S. (Vice Chair) after the meeting for your UIG (Unity Intergroup) manual. Please see Rebecca W. (Secretary) to be added to the Talking Points list. The Talking Points are sent via email and are a quick summary of the IG meeting that you can bring back to your meetings. The summaries can be read directly as written during your meetings.

**Definition of Abstinence:** "Abstinence is the action of refraining from compulsive eating and compulsive food behaviors while working towards or maintaining a healthy body weight. Spiritual, emotional and physical recovery is the result of living the Overeaters Anonymous Twelve-Step program."

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