

# Unity Intergroup Talking Points

## February 2017

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### UPCOMING EVENTS:

- ✓ The Sponsorship Workshop is being held on February 18<sup>th</sup> from 1-3:30pm at Prospect Park Methodist Church. The address is 22 Orlin Ave, Minneapolis, MN 55414 and parking is across from the church at Pratt Elementary School. There will be a four-person panel discussion along with practice time for coaching and listening skills. The workshop will be covering topics such as helping sponsees work through the Steps, sharing strength and hope at your experience level, and the benefits of being a sponsor.
- ✓ The 2017 Buffalo Retreat will be held on March 31, April 1 and April 2 at Christ the King Retreat Center in Buffalo. Intergroup representatives have mail in registration forms and on line registration will be opening on February 1st. Register as soon as you can to participate in this life changing retreat!!
- ✓ The 2017 Big Book Study will be held on May 19, 20 and 21 at North Hennepin Community College. Save these dates for this amazing workshop about the Big Book.
- ✓ Next Intergroup Meeting is March 11 at 12:30 at Sumner Library

### VOLUNTEER OPPORTUNITIES: (more info on [www.overeaters.org](http://www.overeaters.org))

- ✓ Volunteers are needed for the Buffalo Retreat on March 31, April 1 and April 2. The committee is looking for OA HOW, OA in Action and Traditional OA volunteers to help host their meeting's format on Saturday morning of the retreat. They are also looking for support volunteers for other positions. Please contact Debby at 651-235-6951, if you are interested in volunteering.
- ✓ Volunteers are needed for the Longevity Expo on April 8 in Maple Grove. Volunteers are needed for two hour shifts to answer questions about OA. Two volunteers will be working together during each time slot. Admittance to the Expo is free and parking will be reimbursed by Intergroup. Contact Margie A. at 612-670-0635 if you are interested in volunteering.
- ✓ Volunteers (8-10) are needed for the Women's Expo March 18 at the Mpls Convention Center. Parking and entry are paid for! Contact Margie A. at 612-670-0635 if you are interested in volunteering.

### MEETINGS MOVING: (more info on [www.overeaters.org](http://www.overeaters.org))

- ✓ Saturday Monticello OAHOW moving to Wednesday 6:30 same location.

### HIGHLIGHTS FROM THE INTERGROUP MEETING:

- ✓ New Website coming soon!