

Overeaters Anonymous

Newcomer Meeting

There is a solution.

- o Abstinence - One Day at a Time
- o Disease Concept of Food Addiction
- o How It Works – The 12 Steps of Recovery

This is an open meeting geared toward newcomers to OA,
returning members, and current members of OA.

For additional information about the meeting please call:
Chris 651-587-9635 or Sasha 763-443-0393

Everyone welcome!

Date: 3rd Saturday of each month

Time: 1:00pm - 2:00pm

Location: Sumner Library, lower level
611 Van White Memorial Blvd

Minneapolis MN 55411

No need to register, you can just show up!
We look forward to meeting you.