

## UNITY INTERGROUP MEETING AGENDA

May 13, 2017  
12:30 – 2:30pm

*“The primary purpose of this organization is to aid those with the problem of compulsive overeating through the Twelve Steps of Overeaters Anonymous and to represent the OA groups from which the Intergroup is formed.”*

Time	Topic	Presenter	Expected Outcomes
12:30 1	<b>A. Call to order</b>	Mary T.	Begin meeting and welcome. Reminder to silence cell phones. Reminder to review and initial Purple Binder. Serenity Prayer. Introductions.
12:40	<b>B. Chair Opening Remarks</b>	Mary T.	Read Concept 5
2	<b>C. Vice Chair Remarks</b>	Jill S.	Read Tradition 5. Welcome any new Intergroup representatives. Meet with Vice Chair after meeting to receive Intergroup Representative Handbook.
12:45 3	<b>D. Secretary Report</b>	Jill S. Acting	Review and make amendments to Intergroup Meeting Minutes for April. Any new representatives can sign up for Talking Points with Secretary after the meeting.
12:50 4	<b>E. Treasurer Report</b> Note: Contact Suzanne J. directly for any needed money.	Suzanne J.	1) Income & Expenses Report for April 2017. 2) Budget vs. Actual July 2016 to April 2017.
Time	Topic	Presenter	Expected Outcomes
5	<b>F. Meet and Greet</b> New approach to meeting and greeting.	Mary T.	Getting ready for summer in recovery.
6	<b>G. Elected Coordinators</b>		
	a. Email & Event	Open	Howard W. volunteered to help with this until position is filled.
	b. Hot Line	Nancy K.	
	c. Literature	Dawn S.	
	d. Printing	Cal N.	
	e. Teleconference	Open	
	f. Web	Beth K.	
	g. Social Media	Howard W.	
7	<b>H. Elected Committee/Event Chairs</b>		<b>For the following committees and events, no reports are expected unless noted.</b>
	a. State Convention	Open	
	b. Bylaws Committee	Bob S.	
	c. OA Quick Steps	Gene O.	June 3 and 17, 9:30 to 12:30 at First Congregational Church, 1923 South 3 <sup>rd</sup> Ave, Anoka
	d. Professional Outreach	Cathi J.	

	e. Public Information	Margie A.	Gluten Free Expo:
	f. Registrar	Cheryl R.	Check to be sure that contact and meeting information is up to date. Tracking attendance by spreadsheet.
	g. Sponsorship	Open	
	h. Twelve Step Within	Carolyn S.	<i>Twelve Step Within</i> is for OA members who are still struggling.
	i. Big Book Study	Randee E.	Big Book Study will be held on May 19, 20, and 21 at North Hennepin Community College.
	j. Buffalo Retreat	Nancy K.	
	k. Region 4 and World Service	Reps	Reports from Assembly.
<b>8</b>	<b>F. Group Dependent Services</b> a. Newsletter Reminder: Groups should have their articles submitted by the third Saturday before the month assigned. Please submit to: <a href="mailto:expressionsofunity@gmail.com">expressionsofunity@gmail.com</a>	Michelle G. (volunteer)	<b><u>Newsletter</u></b> June: Minneapolis, Monday 7:15pm July: Circle Pines, Saturday 8:00am August: September:
<b>9</b>	b. Newcomer Meeting Note: Groups send 3 or more speakers. Meeting held the third Saturday of each month from 12:45 to 2:45pm at the Sumner Library.	Chris K. & Sasha S.	<b>Newcomer Meeting held at Sumner Library</b> May: Circle Pines, Saturday 8:00am, OA HOW June: Golden Valley, Saturday 10am July: Early Birds, Saturday 8am August:
<b>10</b>	<b>G. Old Business</b>		
<b>11</b>	<b>L. Final Announcements</b>	Mary T.	
<b>12</b>	<b>M. Adjournment and Serenity Prayer</b>	Mary T.	

**New IG Reps:** Please see Jill S. (Vice Chair) after the meeting for your UIG (Unity Intergroup) manual. Please see Jill S. (acting Secretary) to be added to the Talking Points list. The Talking Points are sent via email and are a quick summary of the IG meeting that you can bring back to your meetings. The summaries can be read directly as written during your meetings.

**Definition of Abstinence:** "Abstinence is the action of refraining from compulsive eating and compulsive food behaviors while working towards or maintaining a healthy body weight. Spiritual, emotional and physical recovery is the result of living the Overeaters Anonymous Twelve-Step program."

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