

UNITY INTERGROUP MEETING AGENDA

July 8, 2017
12:30 – 2:30pm

“The primary purpose of this organization is to aid those with the problem of compulsive overeating through the Twelve Steps of Overeaters Anonymous and to represent the OA groups from which the Intergroup is formed.”

Time	Topic	Presenter	
12:30 1	A. Call to order	Mary T.	Begin meeting and welcome. Reminder to silence cell phones. Reminder to review and initial Purple Binder. Serenity Prayer. Introductions.
12:40 2	B. Chair Opening Remarks	Mary T.	Read Concept 7
	C. Vice Chair Remarks	Jill S.	Read Tradition 7. Welcome any new Intergroup representatives. Meet with Vice Chair after meeting to receive Intergroup Representative Handbook.
12:45 3	D. Secretary Report	Jill S standing in for Rebecca W.	Review and make amendments to Intergroup Meeting Minutes for June. Any new representatives can sign up for Talking Points with the registrar in the purple binder. Talking points show of hands.
12:50 4	E. Treasurer Report Note: Contact Suzanne J. directly for any needed money.	Suzanne J.	1) Income & Expenses Report for June 2017. 2) Budget vs. Actual . 3) Audit update. 4) Committee budget update
Time	Topic	Presenter	Expected Outcomes
8	F. Group Dependent Services a. Newsletter Reminder: Groups should have their articles submitted by the third Saturday before the month assigned. Please submit to: expressionsofunity@gmail.com	Michelle	<u>Newsletter</u> June: Minneapolis, Monday 7:15 pm July: Circle Pines Saturday 8:00 am August: Early Birds St Paul 7:30 am September: OPEN October: Step 10 Woodbury 10 am Friday Jill S contact
9	b. Newcomer Meeting Note: Groups send 3 or more speakers. Meeting held the third Saturday of each month from 12:45 to 2:45pm at the Sumner Library.	Chris K. & Sasha S.	Newcomer Meeting held at Sumner Library June: July:
10	G. Old Business	Mary T.	Finance Committee Meeting Report
5	H. Meet and Greet New approach to meeting and greeting.	Mary T.	
Time	Topic	Presenter	Expected Outcomes
11	I. New Business	Mary T.	

7	J. Elected Committee/Event Chairs		For the following committees and events, no reports are expected unless noted.
	a. State Convention	Cathi J.	
	b. Bylaws Committee	Bob S.	
	c. OA Quick Steps	Gene O.	
	d. Professional Outreach	Cathi J.	
	e. Public Information	Margie A.	
	f. Registrar	Cheryl R.	Check to be sure that contact and meeting information is up to date. Tracking attendance by spreadsheet.
	g. Sponsorship Workshop January 2018	Open	
	h. Twelve Step Within	Carolyn S.	
	i. Big Book Study	Randee E.	
	j. Buffalo Retreat	Debbie N. Collette S.	
	k. Region 4 and World Service	Annette P.	
6	K. Elected Coordinators		
	a. Email & Event	Michelle volunteering Vote after three months	
	b. Hot Line	Nancy K.	
	c. Literature	Dawn S.	
	d. Printing	Cal N.	
	e. Teleconference	Lance	
	f. Web	Beth K.	
	g. Social Media	Howard W.	

12	L. Final Announcements	Mary T.	
	M. Adjournment and Serenity Prayer	Mary T.	

New IG Reps: Please see Jill S. (Vice Chair) after the meeting for your UIG (Unity Intergroup) manual. Please see Cheryl R. (Registrar) or add your info to the purple binder to be added to the Talking Points list. The Talking Points are sent via email and are a quick summary of the IG meeting that you can bring back to your meetings. The summaries can be read directly as written during your meetings.

Definition of Abstinence: “Abstinence is the action of refraining from compulsive eating and compulsive food behaviors while working towards or maintaining a healthy body weight. Spiritual, emotional and physical recovery is the result of living the Overeaters Anonymous Twelve-Step program.”