

Unity Intergroup Talking Points: February 2023

Service Positions Available:

- The Unity IG Board needs a secretary! The IG is also looking to fill the following coordinator positions: Bylaws Chair, Newsletter Editor, Zoom Meeting Manager. There are also Region 4 Rep and WSBC Delegate positions available. Consider expanding your service past the IG level...it's fun! *Reps please announce at your meetings the need for the open positions to be filled.*
- The 2023 MN Convention planning committee need your help! Immediate need is for a volunteer coordinator and a signage/décor committee chair. Reach out to Betty at books1216@gmail.com for more information.

Expressions of Unity Newsletter:

Monthly articles will now correlate with the month, i.e. March is the 3rd month so articles can focus on the 3rd step, 3rd tradition, 3rd principle. To submit articles or information to be included in the newsletter send them to expressionsofunity2022@gmail.com by the 27th of the prior month.

Meetings signed up to contribute future articles:

- March – Bloomington Tuesday
- April – Burnsville Thursday 6:30

Intergroup Business:

Elections were held in January and continued in February. Congrats to the 2023-2024 Board and Committee Chairs!! IG Reps please continue to announce at your meetings that there are positions that need to be filled, we will discuss and vote again on open positions in future meetings.

- Elected Positions:
 - Chair: Jean K
 - Vice Chair: Jane S
 - **Secretary: Open**
 - Treasurer: Peg M
 - Region 4 Reps: Cathy G, Amanda
 - WSBC Delegates: Cathy G
- Coordinator Service Positions:
 - Big Book Study 2023 Chair: Lori K
 - **Bylaws Chair: Open**
 - Quick Steps: Jackie K & Scott P
 - Hot Line Responder(s): Val
 - Literature Coordinators: Amy D
 - **Newsletter Editor: Open**
 - Print Coordinator: Nancy K
 - Wi-Fi Phone System: N/A
 - **Zoom Meeting Manager(s): Open**

Committees Highlights:

Due to time constraints, committees did not have time to meet this month.

Upcoming Events:

Unity Intergroup upcoming events:

- Quick Steps – February 25 & March 11, 2023 – Desperately need more leaders. For more information contact Jackie K or Scott P
 - Buffalo Retreat – Christ the King Retreat Center – April 14-16, 2023
 - Big Book Study – May 12-14, 2023 (zoom only)
 - 2023 MN State Convention – Crown Plaza West in Plymouth – October 6-7, 2023
- Reminder: We do have a list of people, available on request, who may be interested in volunteering to help with an upcoming program.*

Region 4 upcoming events: (oaregion4.org for more information)

- Community Conversation – February 19, 2023 (3rd Sunday of every month at 5pm CST via zoom)
- Region 4 Spring Assembly – March 24-25, 2023 in Johnston IA.
- 2024 Region 4 Convention – Summer of 2024...more details to come.

Do you have an idea for an OA event, or topic to be discussed, that you'd like to see happen? Join us next month to share your ideas!

Next Intergroup meeting:
March 11, 2023, 12:30-2:30 pm
All are welcome!

Zoom link will be posted at:
<http://overeaters.org/about-unity-intergroup/>