# 2023 OA Buffalo Retreat

## "Together WE Get Better" April 14-16, 2023

Costs:

• Shared rooms: \$192.00 before March 15 and \$200 after March 15

• Private rooms\*: \$212.00 before March 15 and \$220 after March 15

• Program with meals and NO lodging: \$100.00

\*Private room availability is limited. No scholarships for private rooms.

Includes: Friday: dinner and room, Saturday: three meals and room, Sunday: breakfast.

Times: Check-In: Friday 5:00, dinner 6:00, program 7:00 ♦ Check-Out: Sunday 10:30 am

To register online: <u>http://overeaters.org/upcoming-oa-events/</u>

To mail-in registration:

**a. Contact Jackie K at 215-858-2760 or <u>oabuffaloretreat2023@gmail.com</u> for mailing address for mail-in registrations.** 

b. Detach and complete mail-in form below. Include a check or money order for the full amount **PAYABLE TO UNITY INTERGROUP** 

c. All reservations will be confirmed via email. If you want a confirmation via US mail, you must enclose a self-addressed stamped envelope (SASE).

#### Questions or concerns, please contact Jackie K.

Please note: All registrations must be paid in full. We do not accept partial payments. No credit card payments accepted for mail-in registration. No refunds will be made. All credit card payments must be online.

At the Retreat, we will only accept cash or checks for literature & raffle tickets.

#### **Mail-In Registration Form**

Full Name:			Address:		
City:			_ State:	Zip	
Phone:		Email:			
Nametag: (1st na	me and first init	tial of last na	me):		
Home meeting: _					
Room (circle):	Private	Shared	Roommate	request	
Gender for roomn	nate assignmei	nts (circle):	Male	Female	

\* If you register for a shared room without a roommate request, a roommate will be assigned for you.

\* If you require a handicap room, please contact **Jackie K** as there are a limited number.

### Special Accommodations: (circle)

Vision Hearing Mobility Vegetarian Gluten Free

Other\_\_\_\_\_ PLEASE INDICATE YOUR NEEDS (e.g., room close to the elevators, dining hall, or main hall; handicap accessible bathroom)

Service Opportunities: (circle all you are willing to do) Registration/check-in

Small Group Leader Timer for speakers Hear a 5<sup>th</sup> step Literature Wherever needed

Partial Scholarship: Send requests to Jackie K at oabuffaloretreat2023@gmail.com

**Dietary Restrictions and Special Foods:** Refrigerators are available if you want to bring food. The menu will be emailed to all participants.