

Unity Intergroup Meeting Minutes

January 14, 2023

ATTENDEES: Jean K, Annette P-R, Amanda, Cecelia, Bonnie, Brian, Peg, Peggy, Amy R, Cathy G, Deb C, Christine M, Luci, Lori K

UIG TRUSTED SERVANTS: IG Chair – Jean K, IG Vice Chair – Open, IG Secretary – Open, IG Treasurer – Peg M; Region 4 Representatives - Cathy G, Amanda A, Jane S; Region 4 Rep ALT – Amy R; WSBC Delegates - Amy D, Cathy G; By Laws Chair - Open; Quick Steps Co-Chairs – Open; Hot Line Responders – Val; Literature Coordinator – Open; Newsletter Editor - Open; Print Coordinator – Nancy K; Zoom Meeting Managers – Open

1. Welcome: Jean opened the meeting with the Serenity Prayer and introductions.
2. Tradition 1: Jean read, and Peg pitched on Tradition 1.
3. Secretary's Report: Amanda presented the minutes of the December meeting. After the review, a motion was made by Cathy G to pass the December minutes with the edit to add the line: A motion was made and passed to approve the November minutes. It was seconded by Annette, and the motion was passed. Edit has been made and updated version will be sent to be posted online.
4. Treasurer's Report: Annette presented the December expenses. After the review, a motion was made by Cathy G to pass the expense report, it was seconded by Deb C and the motion was passed.
5. Newsletter: Monthly articles will correlate with the month, i.e. February is the 2nd month so articles can focus on the 2nd step, 2nd tradition, 2nd principle. To submit articles or information to be included in the newsletter send them to expressionsofunity2022@gmail.com. Reps can also encourage members at their meetings to click on the link and read the Newsletter. All articles need to be submitted by the 27th of the prior month, i.e. February articles are due on January 27th. Meetings volunteering for future monthly newsletter articles: February – Anoka Monday Night; March – Bloomington Tuesday; April – Burnsville Thursday 6:30
6. 2023 Elections
 - Elected Positions:
 - Chair: Jean K
 - Vice Chair: Open
 - Secretary: Open
 - Treasurer: Peg M
 - Region 4 Reps: Cathy G, Amanda
 - WSBC Delegates: Cathy G
 - Coordinator Service Positions:
 - Big Book Study 2023 Chair: Lori K
 - Bylaws Chair: Open
 - Quick Steps: Open
 - Hot Line Responder(s): Val

- Literature Coordinators: Open
- Newsletter Editor: Open
- Print Coordinator: Nancy K
- Wi-Fi Phone System: N/A
- Zoom Meeting Manager(s): Open

7. Intergroup Business:

- Amanda will pass along the information she received on the equipment and software that is recommended to the treasurer to have everything ordered.
- The scholarship committee is still in progress. Jane S will be replacing Annette as chair of this committee. They will be connecting to turn over responsibilities. The committee will be working on offering scholarships for special events and has been formed to determine the specifics around the scholarships. For example, is there a limit on the amount, after which a form will be created? The committee will then create a form and scholarships will be open. Reach out to Jane S if you are interested in joining.

8. Event Reports:

- Buffalo Retreat – Planning is under way. Volunteers to help with planning are needed!
- MN State Convention – contract has been signed! It will be at Crown Plaza West in Plymouth October 6-7, 2023. The planning committee needs volunteers! Reach out to Betty C or Joni for more information.
- Quick Steps – Next meetings are January 21, February 25 & March 11, 2023

9. Announcements:

- At the February Intergroup Meeting, we will go through the questionnaire for World Service – this will be sent out to groups via Constant Contact. Groups asked to discuss and take a group conscience at their business meetings. A vote will be held at the February IG Meeting and out results submitted to World Service.
- Committee Report Highlights (from previous month): In recent months it has been being discussed the need to rebuild our IG and what we can do to reach the larger communities. Three groups were formed: Twelve Step Within, Public Information, Professional Outreach. These working groups will continue to have breakout sessions during the monthly IG meeting. Two of the groups have now merged and become the Public Information/Professional Outreach (PI/PO) committee. Each committee provided a brief update of last month's reports before breaking out today. Full updates can be found in last month's meeting minutes or talking points.

10. Closing: The meeting closed with the Responsibility Pledge. Committees then met in breakout sessions; committee updates are listed under item 11.

11. Committee Reports:

- Public Information / Professional Outreach – Chair position is open:
 - Attendees: Peg M, Cathy G, Amanda, Val, Luci, Deb C
 - Val will look into elder law conference and potential participation
 - Cathy will continue to follow up regarding the Inver Grove Heights Living Health Fair being held Wednesday April, 19, 2023

- Next Event: MARRCH Conference October 2023 – three-day event for addiction and mental health professionals. Peg will reach out to see if this event will be taking place as the website does not have it listed under upcoming events.
- Twelve Step Within – Chair Penda:
 - Attendees: Jean K, Annette P-R, Lori K
 - No updates on our current project of calling all meetings to verify information and invite to IG meetings
 - Discussed Unity Day event – Cancelled due to lack of time to prepare
 - Discussed a possible future 'Recovery from Relapse' event

Unity Intergroup upcoming events:

- Quick Steps – January 21, February 25 & March 11, 2023 – Desperately need more leaders. For more information contact Kendra, Cecelia or Pat
- Buffalo Retreat – Christ the King Retreat Center – April 14-16, 2023
- 2023 MN State Convention – Crown Plaza West in Plymouth – October 6-7, 2023
Reminder: We do have a list of people, available on request, who may be interested in volunteering to help with an upcoming program.

Region 4 upcoming events: (oaregion4.org for more information)

- Community Conversation – January 15, 2023 & February 19, 2023 (3rd Sunday of every month at 5pm CST via zoom)
- A Night of Fun, Games, and Fellowship – January 21, 2023 at 7pm CST (log on at 6:45pm)
- Region 4 Spring Assembly – March 24-25, 2023 in Johnston IA.
- 2024 Region 4 Convention – Summer of 2024...more details to come.