

Unity Intergroup Meeting Minutes

July 9, 2022

ATTENDEES: Jean K, Kendra S, Betty C, Val, Cathy G, Sarah U, Peg, Sherica, Nikki, Lori K

UIG TRUSTED SERVANTS: IG Chair – Jean K, IG Vice Chair – Jane S, IG Secretary – Amanda, IG Treasurer – Annette P-R; Region 4 Representatives - Cathy G, Amanda A, Jane S; WSBC Delegates - Amy D; By Laws Chair - Jill S; Quick Steps Co-Chairs – Cecilia, Pat W; Public Info Co-Chairs - Betty C, open; Hot Line Responders – Nancy K, Mary B; Literature Coordinators - Betty C, Penda K; Newsletter Editor - Jill S; Print Coordinator – Nancy K; Web Content Manager - Cathy G; Zoom Meeting Managers – Annette P-R, Jill S

1. Welcome: Jean opened the meeting with the Serenity Prayer and introductions.
 2. Tradition 7: Jean read, and Peg pitched on Tradition 7.
 3. Secretary's Report: Jean presented the minutes of the June meeting. After the review, a motion was made by Cathy G to pass the June minutes, it was seconded, and the motion was passed.
 4. Treasurer's Report: Betty presented the June expenses. After the review, and discussion about amount of excess funds above the prudent reserve as well as a large donation that was received from the estate of a member who passed away, a motion was made by Kendra to pass the expense report, it was seconded by Cathy G and the motion was passed. NOTE: There will be further discussion and vote on how excess funds should be allocated at the next IG meeting. Also, the explanation of changes of the 2022 budget will be presented at the next IG meeting.
 5. Newsletter: Monthly articles will correlate with the month, i.e. August is the 8th month so articles can focus on the 8th step, 8th tradition, 8th principle. To submit articles or information to be included in the newsletter send them to expressionsofunity2022@gmail.com. Reps can also encourage members at their meetings to click on the link and read the Newsletter. All articles need to be submitted by the 27th of the prior month, i.e. August articles are due on July 27th. Meetings volunteering for future monthly newsletter articles – August: Thursday Chaska Big Book Meeting; September – Eden Prairie 9am Saturday Morning; October – TBD
 6. Intergroup Business:
 - Kendra talked about the opportunities available and for the need for people to facilitate Quick Steps workshops. Also, a reminder that these workshops are open to anyone, not just newcomers or those members who are struggling. The workshop is held over the course of two Saturdays, the next workshops are scheduled for October 29 & November 12, 2022, and then January 7 & 21, 2023.
 7. Committees: In recent months it has been being discussed the need to rebuild our IG and what we can do to reach the larger communities. Three groups were formed: Twelve Step Within, Public Information, Professional Outreach. These working groups will continue to have breakout sessions during the monthly IG meeting.
 - Twelve Step Within – Chair Penda
 - Public Information – Chair Amanda
 - Professional Outreach – (two groups – Mental Healthcare & Eldercare) Chair Sarah U and Liaisons Jane & Meg
- Committee Reports:
- Public Information:
 - Attendees: Betty, Sherica
 - Sherica brought up the issue previously discussed of creating a position for social media manager. No decisions were made.
 - Professional Outreach:
 - Attendants were Dec. C, Peg M, Val C and Chair Sarah U

- Sarah U. followed up about NAMI Walks fundraising event in Sept and they were unable to rent us a table without us signing up as a sponsor which we had decided went against OA's traditions.
- Sarah U. reported that we are all set and signed up for the mental health fair at Temple Israel in Oct.
- Peg M. is still waiting to hear back from her contact for the Family Medicine Conference in Sept, but says she feels it is unlikely she will be contacted.
- Peg M. will look into MN association of Social Workers annual conference and get back to us at our next meeting in Sept.
- Twelve Step Within:
 - Attendees: Jean K, Kendra, Lori, Nikki
 - Jean reviewed minutes of the June meeting
 - Twelfth Step Within Corner articles: July: Lori / August: Nikki
 - No new topics discussed.

8. OA Events/Carrying the Message:

Update on recent events:

Unity Intergroup upcoming events:

- 2023 MN State Convention – Currently there is no chair/co-chair for this event.
Reminder: We do have a list of people, available on request, who may be interested in volunteering to help with an upcoming program.
- Quick Steps – TBD – Desperately need more leaders. For more information contact Kendra, Cecelia or Pat W.
- Workshop Picnic – October 8, 2022 (location TBD) ***Need Volunteers***

Region 4 upcoming events: (oaregion4.org for more information)

- Region 4 Convention (Omaha) – July 15-17, 2022
- Community Conversation – August 21, 2022 (3rd Sunday of every month at 5pm CST via zoom)

9. Announcements:

- There was discussion that historically IG took a one-month break during the summer. Peg moved that the August meeting be suspended. Val seconded. All in favor. Motion was passed.

10. Closing: A motioned was made by Betty C to close the meeting, it was seconded by Peg. Closed with the Responsibility Pledge. Committees then met in breakout sessions, committee updates are listed under item 7.