

May 14, 2022
12:00 pm to 2:30 pm
UNITY INTERGROUP MEETING AGENDA

Zoom Meeting - <https://us02web.zoom.us/j/81044264132?pwd=ZXIzZ1IsQ0xDb0c0QVhSak1MaFhWZz09>

Meeting ID: 810 4426 4132

Passcode: 12345#

	Time	TOPIC	LEADER	DETAILS
1	12:30	Welcome	Jean	Welcome & Serenity prayer <ul style="list-style-type: none"> • Introductions & Welcome to new reps!
2	12:35	Tradition Five	Intergroup Rep	Tradition Five: "The only requirement for OA membership is a desire to stop eating compulsively."
3	12:40	Minutes	Amanda	Review/approve April Meeting Minutes
4	12:45	Financials	Annette	Review/approve April financial report <ul style="list-style-type: none"> • Things paid out & received in March
5	12:50	Newsletter	Jill	<ul style="list-style-type: none"> • May Newsletter is out. Thank you for all those who contributed! • Upcoming Group Contributing Articles – articles can be written on the Step or Tradition of the month (ie. January is Step 1 or Tradition 1): <ul style="list-style-type: none"> ○ <u>June</u>: Chippewa Falls ○ <u>July</u>: Bloomington Tue 6:30pm ○ <u>August</u> - TBD Send articles by the 27 th of the month to (New!) expressionsofunity2022@gmail.com .
6	12:55	Intergroup Business	Jean K	<ul style="list-style-type: none"> • Elect Chair & Vice Chair • Purchase Towels/pillow cases
7	1:15	Committee Meetings	Meg	<ul style="list-style-type: none"> • Public Information (Amanda) • Professional Outreach (Meg) • Twelfth Step Within (Annette)
	2:15	Committee Rpts		•
8	2:20	Event Reports	Event Leaders	• Events listed on page 2
9	2:25	Announcements	Everyone	<ul style="list-style-type: none"> • Support Fargo- and call mtgs • Fargo convention in Sept on the traditions. • Event with Duluth Intergroup • Recovery from Relapse meeting – Thursdays 6pm via Zoom- please announce at your meetings • Possible Picnic re: towels etc for R4 – ask for reps to help get the \$ and other information, • We will be considering using a Meeting OWL for hybrid mtg...depending on covid etc. • Scholarship forms
10	2:30	Closing	Everyone	Closing Remarks – Responsibility Pledge followed by the Serenity Prayer

Responsibility Pledge

Always to extend the hand and the heart of OA to all who share my compulsion:
for this I am responsible.

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Detailed information on events listed below. Keep verbal event announcements brief.

Past Events:

Buffalo Retreat – April 8 – 10 (Amanda)

Men’s Retreat – April 29 – May 1

Intergroup Renewal Kickstart. May 7th (Meg/Jane)

Unity Intergroup Upcoming Events: Go to overeaters.org for more information.

Big Book Study May 13th 6:30 P.M. – May 15th 12:00 P.M. Zoom: Free event, no preregistration required. For more information, [bigbookstudyFlyer2022.pdf \(overeaters.org\)](#) (Lori K)

Convention ~~2022~~ 2023 – TBD - Need chair/cochair

Quick Steps – Desperately need more leaders. For more information contact Kendra, Cecelia, or Pat W.

R4 Upcoming Events Go to oaregion4.org for more information.

Region 4 Community Conservations – May 15th (Meg M)

Region 4 Convention (Omaha) – July 15-17, 2022, Theme: Celebrating Community – Together We Get Better, Have a meeting on the road – carpool with your friends. For more information: [Region 4 Convention Flyer](#) (Meg/Annette)