

Unity Intergroup Talking Points: May 2022

Service Positions Available:

- Our Unity Intergroup Board is now full!! Congrats to Jean K who was officially voted in as chair and to Jane S that was officially voted in as vice chair.
- Open Region 4 Rep and WSBC Delegate positions available. Consider expanding your service past the IG level...it's fun!
- Unity Intergroup needs a chair/co-chair and planning committee for the 2023 MN State Convention. This can be hosted by one meeting or a group of meetings working together to bring this event back to MN.

Expressions of Unity Newsletter:

Monthly articles will now correlate with the month, i.e. June is the 6th month so articles can focus on the 6th step, 6th tradition, 6th principle. To submit articles or information to be included in the newsletter send them to expressionsofunity2022@gmail.com by the 27th of the prior month. Meetings signed up to contribute future articles:

- June – Chippewa Falls
- July – Bloomington Tuesday Night
- August – Thursday Chaska Big Book Meeting

New Committees being formed:

IG now has 3 new committees working hard on rebuilding IG and what we can do to reach the larger communities that may need to find the solution. We met for the third month in a row, where we got some great ideas and would love to continue to build off of them. Come join us and be part of the group of your choice: Twelves Step Within (how do we reach and support the already established meetings and fellows in our local OA area, particularly those that are struggling?); Public Information (how can we reach those people that don't even know that OA is out there and available for the unhealthy food behaviors they are living with?); Professional Outreach (how can we reach the professional community such as doctors, dieticians, therapists, etc, and help them to understand what OA is and how we can help?)

Upcoming Events:

Unity Intergroup upcoming events:

- 2023 MN State Convention – Currently there is no chair/co-chair for this event.
Reminder: We do have a list of people, available on request, who may be interested in volunteering to help with an upcoming program.
- Quick Steps – TBD – Desperately need more leaders. For more info, contact Kendra, Cecelia or Pat W.

Region 4 upcoming events:

- Region 4 Community Conversation – June 19, 2022 (3rd Sunday of every month at 5pm CST via zoom)
- Region 4 Convention (Omaha) – July 15-17, 2022

Do you have an idea for an OA event, or topic to be discussed, that you'd like to see happen? Join us next month to share your ideas!

**Next Intergroup meeting:
June 11, 2022, 12:30-2:30 pm
All are welcome!**

**Zoom link will be posted at:
<http://overeaters.org/about-unity-intergroup/>**