

April 9, 2022
3:00 pm to 4:30 pm

UNITY INTERGROUP MEETING AGENDA

Zoom Meeting - <https://us02web.zoom.us/j/81044264132?pwd=ZXIzZ1IsQ0xDb0c0QVhSak1MaFhWZz09>

Meeting ID: 810 4426 4132

Passcode: 12345#

	Time	TOPIC	LEADER	DETAILS
1	3:00	Welcome	Annette	Welcome & Serenity prayer <ul style="list-style-type: none">• Introductions & Welcome to new reps!
2	3:05	Tradition Four	Intergroup Rep	Tradition Four: "Each group should be autonomous except in matters affecting other groups or OA as a whole"
3	3:10	Minutes	Amanda	Review/approve March Meeting Minutes
4	3:15	Financials	Betty/Annette	Review/approve March financial report <ul style="list-style-type: none">• Things paid out & received in March• Expense Reimbursement form
5	3:20	Newsletter	Jill	<ul style="list-style-type: none">• April Newsletter is out. Thank you for all those who contributed!• Upcoming Group Contributing Articles – articles can be written on the Step or Tradition of the month (ie. January is Step 1 or Tradition 1):<ul style="list-style-type: none">○ <u>May</u>: How Tue 6pm○ <u>June</u>: Chippewa Falls○ <u>July</u>: Bloomington Tue 6:30pm Send articles by the 27 th of the month to (New!) expressionsofunity2022@gmail.com .
6	3:25	Intergroup Business	Annette	<ul style="list-style-type: none">• Discussion of Intergroup service• Need UIG Chair & Vice Chair
7	3:40	Committee Meetings	Meg	<ul style="list-style-type: none">• Public Information (Amanda)• Professional Outreach (Meg)• Twelfth Step Within (Annette)
8	4:10	Event Reports	Event Leaders	<ul style="list-style-type: none">• Events listed on page 2
9	4:25	Announcements	Everyone	<ul style="list-style-type: none">• <u>New R4 address: Region 4, 2355 Fairview Ave N, PMB 338, Roseville, MN 55113</u>• Recovery from Relapse meeting – Thursdays 6pm via Zoom- please announce at your meetings• Any Other Announcements?
10	4:30	Closing	Everyone	Closing Remarks – Responsibility Pledge followed by the Serenity Prayer

Responsibility Pledge

Always to extend the hand and the heart of OA to all who share my compulsion:
for this I am responsible.

Detailed information on events listed below. Keep verbal event announcements brief.

Past Events: Buffalo Retreat

Unity Intergroup Upcoming Events: Go to overeaters.org for more information.

Men's Retreat – April 29 – May 1 – Christine Center in central Wisconsin Registration Deadline was January 31st. Questions – contact Sasha (763) 443-0393 or John G (612) 570-2181

Big Book Study May 13 – May 15 (Tentative) Hybrid or Zoom

Convention 2023 – TBD (need chair/cochair)

Quick Steps – Desperately need more leaders. For more info, contact Kendra, Cecelia, or Pat W.

R4 Upcoming Events Visit oaregion4.org for more information.

Region 4 Community Conversations – April 17th – cancelled (Easter Sunday)

Intergroup Renewal Kickstart. May 7th 8:45 AM-3PM Fargo ND. Region 4 can fund gas and Friday night hotel stay. 2-4 hour drive from Twin Cities. Have a meeting on the road – carpool with your friends.

Region 4 Convention (Omaha) – July 15-17, 2022

Theme: Celebrating Community – Together We Get Better, Have a meeting on the road – carpool with your friends. For more information: [Region 4 Convention Flyer](#)