

# Unity Intergroup Talking Points: April 2022

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## Service Positions Available:

- Our Unity Intergroup Board is now full!! Congrats to Jean K who was voted in as chair and to Jane S that was voted in as vice chair. Thank you both for your service and welcome to the board!!
- Open Region 4 Rep and WSBC Delegate positions available. Consider expanding your service past the IG level...it's fun!

## Expressions of Unity Newsletter:

Monthly articles will now correlate with the month, i.e. May is the 5<sup>th</sup> month so articles can focus on the 5<sup>th</sup> step, 5<sup>th</sup> tradition, 5<sup>th</sup> principle. To submit articles or information, send them to [expressionsofunity2022@gmail.com](mailto:expressionsofunity2022@gmail.com) by the 27<sup>th</sup> of the prior month. Meetings signed up to contribute future articles:

- May – Tuesday 6pm Virtual HOW
- June – Chippewa Falls
- July – Bloomington Tuesday Night

## New Committees at Unity Intergroup:

IG now has 3 new committees working hard on rebuilding IG and what we can do to reach the larger communities that may need to find the solution. Come join the group of your choice:

- Twelve Step Within (how do we reach and support the already established meetings and fellows in our local OA area, particularly those that are struggling?)
- Public Information (how can we reach those people that don't even know that OA is out there and available for the unhealthy food behaviors they are living with?)
- Professional Outreach (how can we reach the professional community such as doctors, dieticians, therapists, etc, and help them to understand what OA is and how we can help?)

## Upcoming Events:

### Unity Intergroup

- Big Book Study – date TBD (TBD Hybrid or Zoom)
- 2023 MN State Convention – Currently no chair/co-chair for this event.

### Region 4 upcoming

- Intergroup Renewal Kickstart – May 7, 2022 8:45am-3:00pm (Fargo, ND)
- Region 4 Convention (Omaha) – July 15-17, 2022

Do you have an idea for an OA event, or topic to be discussed, that you'd like to see happen?

Join us next month to share your ideas!

**Next Intergroup meeting:  
May 14, 2022, 12:30-2:30 pm  
All are welcome!**

**Zoom link will be posted at:  
<http://overeaters.org/about-unity-intergroup/>**