

Unity Intergroup Talking Points: March 2022

Service Positions Available:

- Annual elections were held in January. Our board currently consists of only a secretary and treasurer. We are without a Chair or Vice-Chair. IG reps please announce at your meetings that we need people to step up to do service at the IG level or we risk having to close down Unity Intergroup.
- Open Region 4 Rep and WSBC Delegate positions available. Consider expanding your service past the IG level...it's fun!
- Unity Intergroup needs a chair/co-chair and planning committee for the 2022 MN State Convention. This can be hosted by one meeting or a group of meetings working together to bring this event back to MN. ***At this point it is getting to be too late in the year to start planning. Will have to try again in 2023***

Expressions of Unity Newsletter:

Monthly articles will now correlate with the month, i.e. April is the 4th month so articles can focus on the 4th step, 4th tradition, 4th principle. To submit articles or information to be included in the newsletter send them to expressionsofunity2021@gmail.com by the 27th of the prior month. Meetings signed up to contribute future articles:

- April – Wednesday 7pm St Paul
- May – Tuesday 6pm Virtual HOW
- June – Chippewa Falls
- July – Bloomington Tuesday Night

Updated Bylaws:

Discussion and voting took place on the update bylaws. The motion to accept the bylaws as written with the understanding they will be amended as needed in the future was passed.

New Committees being formed:

IG now has 3 new committees working hard on rebuilding IG and what we can do to reach the larger communities that may need to find the solution. Come join us and be part of the group of your choice: Twelves Step Within (how do we reach and support the already established meetings and fellows in our local OA area?); Public Information (how can we reach those people that don't even know that OA is out there and available for the unhealthy food behaviors they are living with?); Professional Outreach (how can we reach the professional community such as doctors, dieticians, therapists, etc, and help them to understand what OA is and how we can help?)

Upcoming Events:

Unity Intergroup upcoming events:

- Buffalo Retreat – April 8-10, 2022
- Men's Retreat – April 29-May 1, 2022
- Big Book Study – tentative May 13-15, 2022 (TBD Hybrid or Zoom)

Region 4 upcoming events:

- Community Conversation – March 20, 2022 (3rd Sunday of every month at 5pm CST via zoom)
- Intergroup Renewal Kickstart – May 7, 2022 8:45am-3:00pm (Fargo, ND)
- Region 4 Convention (Omaha) – July 15-17, 2022

*****NOTE TIME CHANGE FOR APRIL INTERGROUP MEETING*****

- The April Intergroup meeting will be held at the Buffalo Retreat on April 9th from 3-4:30.
****Reps not attending the retreat may attend via Zoom using the usual link****

Do you have an idea for an OA event, or topic to be discussed, that you'd like to see happen? Join us next month to share your ideas!

Next Intergroup meeting:
April 9, 2022, 3:00-4:30 pm
All are welcome!

Zoom link will be posted at:
<http://overeaters.org/about-unity-intergroup/>