

March 12, 2022
12:30 pm to 2:30 pm

UNITY INTERGROUP MEETING AGENDA

Zoom Meeting - <https://us02web.zoom.us/j/81044264132?pwd=ZXIzZ1IsQ0xDb0c0QVhSak1MaFhWZz09>

Meeting ID: 810 4426 4132

Passcode: 12345#

	Time	TOPIC	LEADER	DETAILS
1	12:30	Welcome	Annette	Welcome & Serenity prayer <ul style="list-style-type: none"> • Introductions & Welcome to new reps!
2	12:35	Tradition Three	Intergroup Rep	Tradition Three: "The only requirement for OA membership is a desire to stop eating compulsively"
3	12:40	Minutes	Amanda	Review/approve February Meeting Minutes
4	12:45	Financials	Annette	Review/approve February financial report <ul style="list-style-type: none"> • Things paid out & received in February
5	12:50	Newsletter	Jill	<ul style="list-style-type: none"> • March Newsletter is out. Thank you for all those who contributed! • Upcoming Group Contributing Articles – articles can be written on the Step or Tradition of the month (ie. January is Step 1 or Tradition 1): <ul style="list-style-type: none"> ○ <u>April</u>: St. Paul Wed 7pm ○ <u>May</u>: How Tue 6pm ○ <u>June</u>: TBD Send articles by the 27 th of the month to expressionsofunity2021@gmail.com .
6	12:55	Intergroup Business	Annette & Jill	<ul style="list-style-type: none"> • Discussion and voting on updated bylaws
7		Committees	All	<ul style="list-style-type: none"> • Public Information (Amanda) • Professional Outreach (Meg) • Twelfth Step Within (Annette)
8	1:55	Committee Reports		<ul style="list-style-type: none"> • Public Information • Professional Outreach • Twelfth Step Within
9	2:10	Event Reports	Event Leaders	<ul style="list-style-type: none"> • Events listed on page 2
10	2:20	Announcements	Everyone	<ul style="list-style-type: none"> • New R4 address: Region 4, 2355 Fairview Ave N, PMB 338, Roseville, MN 55113 • April Intergroup meeting to be held at Buffalo Retreat April 9th 3:00 pm to 4:30 pm • Recovery from Relapse meeting – Thursdays 6pm via Zoom- please announce at your meetings • Any Other Announcements?
11	2:25	Closing	Everyone	Closing Remarks – Responsibility Pledge followed by the Serenity Prayer

Responsibility Pledge

Always to extend the hand and the heart of OA to all who share my compulsion:
for this I am responsible.

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Detailed information on events listed below. Keep verbal event announcements brief.

Past Events:

Unity Intergroup Upcoming Events: Go to overeaters.org for more information.

Buffalo Retreat – April 8-10, 2022 – Christ the King Retreat Center – Early registration deadline: March 15th, For more information: [Buffalo Retreat Flyer](#) or contact Sandy A (763) 228-3357 or oabuffaloretreat22@gmail.com

Men's Retreat – April 29 – May 1 – Christine Center in central Wisconsin Registration Deadline was January 31st. Questions – contact Sasha (763) 443-0393 or John G (612) 570-2181

Big Book Study May 13 – May 15 (Tentative) Hybrid or Zoom

Convention 2022 – TBD - Need chair/cochair

R4 Upcoming Events Go to oaregion4.org for more information.

Region 4 Community Conservations – March 20th (*3rd Sunday of month at 5:00 PM via Zoom*)

Intergroup Renewal Kickstart. May 7th 8:45 AM-3PM Fargo ND Unity can fund gas and Friday night hotel stay Each intergroup is 2-4 hours drive. Have a meeting on the road – carpool with your friends.

Region 4 Convention (Omaha) – July 15-17, 2022 Theme: Celebrating Community - Have a meeting on the road – carpool with your friends. For more information: [Region 4 Convention Flyer](#)