

Unity Intergroup Talking Points: February 2022

Service Positions Available:

- Annual elections were held in January. Our board currently consists of only a secretary and treasurer. We are without a Chair or Vice-Chair. IG reps please announce at your meetings that we need people to step up to do service at the IG level or we risk having to close down Unity Intergroup.
- Open Region 4 Rep and WSBC Delegate positions available. Consider expanding your service past the IG level...it's fun! Congrats to Jane S on being elected as the newest Region 4 Rep!
- Unity Intergroup needs a chair/co-chair and planning committee for the 2022 MN State Convention. This can be hosted by one meeting or a group of meetings working together to bring this event back to MN.
- Consider being of service above the group level by:
 - Become an Intergroup Rep and represent your local meeting at the monthly intergroup meeting. Great way to understand the inner workings of OA.
 - Join a planning committee for upcoming OA events. Lots of service opportunities available right now for future events. Find out more at the next IG meeting!

Expressions of Unity Newsletter:

Monthly articles will now correlate with the month, i.e. March is the 3rd month so articles can focus on the 3rd step, 3rd tradition, 3rd principle. To submit articles or information to be included in the newsletter send them to expressionsofunity2021@gmail.com by the 27th of the prior month. Meetings signed up to contribute future articles:

- March – Monday Night Anoka
- April – Wednesday 7pm St Paul
- May – Tuesday 6pm Virtual HOW

Updated Bylaws:

There have been updates made to the current bylaws. The proposed change is regarding clarification on who is eligible to vote at IG meetings. The updated bylaws have been posted on the Unity IG website www.overeaters.org. The bylaws will be voted on at the March 12th IG meeting, please join us for the discussion and vote!

Upcoming Events:

Unity Intergroup upcoming events:

- Buffalo Retreat – April 8-10, 2022
- Men's Retreat – April 29-May 1, 2022
- Big Book Study – tentative May 13-15, 2022 (TBD Hybrid or Zoom)

- 2022 MN State Convention – Currently there is no chair/co-chair for this event. ***Reps please bring this to your groups to see if there is willingness to serve on a convention committee in any capacity***

Reminder: We do have a list of people, available on request, who may be interested in volunteering to help with an upcoming program.

Region 4 upcoming events:

- Community Conversation – February 20, 2022 (3rd Sunday of every month at 5pm CST via zoom)
- Region 4 Fun Night – January 29, 2022
- Intergroup Renewal Kickstart – May 7, 2022 8:45am-3:00pm (Fargo, ND)
- Region 4 Convention (Omaha) – July 15-17, 2022

*****NOTE TIME CHANGE FOR APRIL INTERGROUP MEETING*****

- The April Intergroup meeting will be held at the Buffalo Retreat on April 9th from 3-4:30

Do you have an idea for an OA event, or topic to be discussed, that you'd like to see happen? Join us next month to share your ideas!

**Next Intergroup meeting:
March 12, 2022, 12:30–2:30 pm
All are welcome!**

**Zoom link will be posted at:
<http://overeaters.org/about-unity-intergroup/>**