

# Unity Intergroup Meeting Minutes

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December 11, 2021

ATTENDEES: Lori K, Annette P-R, Jane S, Amanda A, Tamra A, Betty, Laura H, Cecelia, Maryann W, Jill S, Kendra S, Matt O, Nikki L, Allison

UIG TRUSTED SERVANTS: IG Chair- Lori K, IG Vice Chair – Jane S, Secretary - Amanda A, IG Treasurer – Annette P-R; Region 4 Representatives - Cathy G, Amanda A; WSBC Delegates - Amy D; By Laws Chair - Jill S; Quick Steps Co-Chairs – Cecilia, Pat W; Public Info Co-Chairs - Betty C, Cathy G; Hot Line Responder – Jane S; Literature Coordinator - Betty C; Newsletter Editor - Jill S; Print Coordinator - N/A at this time; Web Content Manager - Cathy G; Zoom Meeting Manager – Annette P-R

1. Welcome: Lori opened the meeting with the Serenity Prayer and introductions.
2. Tradition 12: Maryann read and pitched on Tradition 12.
3. Guest Speaker: Laura shared her story for 20 minutes.
4. Secretary's Report: Amanda presented the minutes of the November meeting. After the review, a motion was made by Annette to pass the November minutes, it was seconded by Jill and the motion was passed.
5. Treasurer's Report: Annette presented the November expenses. After the review, a motion was made by Kendra to pass the expense report, it was seconded by Maryann W and the motion was passed.
6. Newsletter: Monthly articles will correlate with the month, i.e. January is the 1<sup>st</sup> month so articles can focus on the 1<sup>st</sup> step, 1<sup>st</sup> tradition, 1<sup>st</sup> principle. To submit articles or information to be included in the newsletter send them to [expressionsofunity2021@gmail.com](mailto:expressionsofunity2021@gmail.com). Reps can also encourage members at their meetings to click on the link and read the Newsletter. All articles need to be submitted by the 27<sup>th</sup> of the prior month, i.e. January articles are due on December 27<sup>th</sup>. Meetings volunteering for future monthly newsletter articles – January: Golden Valley Saturday 10am; February: Crystal & Marshfield; March: TBD
7. OA Events/Carrying the Message:

#### Recent Events:

- Region 4 IDEA Day Fun Night – November 20<sup>th</sup>, 2021 7-8:30 (via Zoom)

#### Unity Intergroup upcoming events:

- Quick Steps – January 15 & January 29, 2022 9-12:30 (virtual)
- Buffalo Retreat – April 8-10, 2022
- Men's Retreat – April 29-May 1, 2022
- 2022 MN State Convention – Currently there is no chair/co-chair for this event. \*\*\*Reps please bring this to your groups to see if there is willingness to serve on a convention committee in any capacity\*\*\*

*Reminder: We do have a list of people, available on request, who may be interested in volunteering to help with an upcoming program.*

Region 4 upcoming events: (oaregion4.org for more information)

- Holiday Booster – December 11, 2021 (via Zoom)
- Community Conversation – December 19, 2021 (3<sup>rd</sup> Sunday of every month at 5pm CST via zoom)
- Region 4 Convention (Omaha) – July 15-17, 2022

8. Announcements:

- Sunday Night HOW phone meeting has found a church and will be starting to meet in the hybrid format (phone/in-person) 1/2/22.

9. Intergroup Biz:

- Discussion and voting on updated bylaws will be tabled until the February 2022 meeting.
- Elections are in January! Elections will be held for all board and committee chair positions. Come ready to level up your service work and join the board or a committee!
- Open Region 4 Rep and WSBC Delegate positions available. Consider expanding your service past the IG level...it's fun!
- Brainstorming/Working Session – How to help/serve our meetings: (No discussion at December meeting)
  - Social events – get to know each other from other meetings. i.e. Ride Recovery event, Nature walk, coffee
  - Do meetings need – lists of available sponsors? Recovering members to speak at their meeting? Help getting a successful hybrid meeting set up?
  - How do we get members more involved? Challenge fellows to attend different meetings within Intergroup? Challenge fellows to attend Intergroup? IG reps be sure to announce upcoming events at your meetings.
- PIPO Plan/Strategy (Public Information/Professional Outreach)
  - Jane S will be leading a new revived outreach committee. We will need to find members willing to be of service on this committee as well. If you are interested you can email Jane at [schrantzjane8@gmail.com](mailto:schrantzjane8@gmail.com) or reach out by phone at 612-636-8089.

10. Closing: A motioned was made by Annette to close the meeting, it was seconded by Betty.

Closed with the Serenity Prayer.