

Unity Intergroup Talking Points: December 2021

Service Positions Available:

- Elections are coming!! Join us at our January 11th IG meeting to vote on all board positions as well as committee chairs and coordinator service positions. IG reps encourage fellows at your meetings to attend and become a part of Unity IG!
- Open Region 4 Rep and WSBC Delegate positions available. Consider expanding your service past the IG level...it's fun!
- Unity Intergroup needs a chair/co-chair and planning committee for the 2022 MN State Convention. This can be hosted by one meeting or a group of meetings working together to bring this event back to MN.
- Consider being of service above the group level by:
 - Become an Intergroup Rep and represent your local meeting at the monthly intergroup meeting. Great way to understand the inner workings of OA.
 - Join a planning committee for upcoming OA events. Lots of service opportunities available right now for future events. Find out more at the next IG meeting!

Expressions of Unity Newsletter:

Monthly articles will now correlate with the month, i.e. January is the 1st month so articles can focus on the 1st step, 1st tradition, 1st principle. To submit articles or information to be included in the newsletter send them to expressionsofunity2021@gmail.com by the 27th of the prior month. Meetings signed up to contribute future articles:

- January – Golden Valley Saturday 10am
- February – Crystal & Marshfield
- March – TBD

Updated Bylaws:

There have been updates made to the current bylaws. The proposed change is regarding clarification on who is eligible to vote at IG meetings. The updated bylaws have been posted on the Unity IG website www.overeaters.org. The bylaws will be voted on at the February 12th IG meeting, please join us for the discussion and vote!

Upcoming Events:

Unity Intergroup upcoming events:

- Quick Steps – January 15 & January 29, 2022 9-12:30 (virtual)
- Buffalo Retreat – April 8-10, 2022
- Men's Retreat – April 29-May 1, 2022
- 2022 MN State Convention – Currently there is no chair/co-chair for this event. ***Reps please bring this to your groups to see if there is willingness to serve on a convention committee in any capacity***

Reminder: We do have a list of people, available on request, who may be interested in volunteering to help with an upcoming program.

Region 4 upcoming events:

- Holiday Booster – December 11, 2021 (via Zoom)
- Community Conversation – December 19, 2021 (3rd Sunday of every month at 5pm CST via zoom)
- Region 4 Convention (Omaha) – July 15-17, 2022

Do you have an idea for an OA event, or topic to be discussed, that you'd like to see happen? Join us next month to share your ideas!

Next Intergroup meeting:
January 8, 2022, 12:30–2:30 pm
All are welcome!

Zoom link will be posted at:
<http://overeaters.org/about-unity-intergroup/>