

# Unity Intergroup Talking Points: November 2021

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## Bylaws:

Please review the updated Bylaws on <http://overeaters.org/intergroup-documents/> under **Bylaws, Motions, and Amendments**. We will be voting on whether to approve them at the Intergroup Meeting on Dec. 11, 2021.

## Service Positions Available:

- Open Region 4 Rep and WSBC Delegate positions available. Consider expanding your service past the IG level...it's fun!
- Unity Intergroup needs a chair, co-chair and planning committee for the 2022 Unity Intergroup Convention. This can be hosted by one meeting or a group of meetings working together to bring this event back to MN.
- Consider being of service above the group level by:
  - Become an Intergroup Rep and represent your local meeting at the monthly intergroup meeting. Great way to understand the inner workings of OA.
  - Join a planning committee for upcoming OA events. Lots of service opportunities available right now for future events. Find out more at the next IG meeting!

## Expressions of Unity Newsletter:

Monthly articles will now correlate with the month, i.e. December is the 12<sup>th</sup> month so articles can focus on the 12<sup>th</sup> step, 12<sup>th</sup> tradition, 12<sup>th</sup> principle. To submit articles or information to be included in the newsletter send them to [expressionsofunity2021@gmail.com](mailto:expressionsofunity2021@gmail.com) by the 27<sup>th</sup> of the prior month. Meetings signed up to contribute future articles:

- December – Woodbury Friday 10am
- January – Golden Valley Saturday 10am
- February – TBD

## Upcoming Events:

### Unity Intergroup upcoming events:

- Buffalo Retreat – April 8-10, 2022
- 2022 MN State Convention – Currently there is no chair/co-chair for this event. Reps please bring this to your groups to see if there is willingness to serve on a convention committee in any capacity!

### Region 4 upcoming events:

- IDEA Day Fun Night – Nov. 20, 2021, 7:00-8:30pm (virtual)
- Community Conversation – Nov. 21, 2021 (3<sup>rd</sup> Sunday of every month at 5pm CST via zoom)
- Region 4 Convention (Omaha) – July 15-17, 2022

Do you have an idea for an OA event, or topic to be discussed, that you'd like to see happen?  
Join us next month to share your ideas!

Next Intergroup meeting: **December 11, 2021, 12:30–2:30 pm**  
Find the Zoom link at: <http://overeaters.org/about-unity-intergroup/>