

## Unity Intergroup Talking Points: October 2021

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### Service Positions Available:

- The Vice Chair board position is open – IG reps: Please take this back to your groups and announce this amazing service opportunity!
- Open Region 4 Rep and WSBC Delegate positions available. Consider expanding your service past the IG level...it's fun!
- Unity Intergroup needs a chair/co-chair and planning committee for the 2022 MN State Convention. This can be hosted by one meeting or a group of meetings working together to bring this event back to MN.
- Consider being of service above the group level by:
  - Become an Intergroup Rep and represent your local meeting at the monthly intergroup meeting. Great way to understand the inner workings of OA.
  - Join a planning committee for upcoming OA events. Lots of service opportunities available right now for future events. Find out more at the next IG meeting!

### Expressions of Unity Newsletter:

Monthly articles will now correlate with the month, i.e. November is the 11<sup>th</sup> month so articles can focus on the 11<sup>th</sup> step, 11<sup>th</sup> tradition, 11<sup>th</sup> principle. To submit articles or information to be included in the newsletter send them to [expressionsofunity2021@gmail.com](mailto:expressionsofunity2021@gmail.com) by the 27<sup>th</sup> of the prior month. Meetings signed up to contribute future articles:

- November – Monday Night Robbinsdale
- December – TBD
- January – Golden Valley Saturday 10am

### Upcoming Events:

#### Unity Intergroup upcoming events:

- Improving Relationships with the Twelve Traditions – October 16-17, 2021 9am-12pm (via Zoom)
- Buffalo Retreat – April 8-10, 2022
- 2022 MN State Convention – Currently there is no chair/co-chair for this event. \*\*\*Reps please bring this to your groups to see if there is willingness to serve on a convention committee in any capacity\*\*\*

*Reminder: We do have a list of people, available on request, who may be interested in volunteering to help with an upcoming program.*

#### Region 4 upcoming events:

- Community Conversation – October 17, 2021 (3<sup>rd</sup> Sunday of every month at 5pm CST via zoom)
- IDEA Day Fun Night – November 20, 2021 7:00-8:30pm (virtual)

- Region 4 Convention (Omaha) – July 15-17, 2022

Do you have an idea for an OA event, or topic to be discussed, that you'd like to see happen? Join us next month to share your ideas!

Next Intergroup meeting:  
November 13, 2021, 12:30–2:30 pm  
All are welcome!

Zoom link will be posted at:  
<http://overeaters.org/about-unity-intergroup/>