

Unity Intergroup Meeting Minutes

October 9, 2021

ATTENDEES: Lori K, Annette P-R, Rasha K, Debbie, Joyce A, Sasha, Tamra A, Kendra S, Celia, Nikki, Allison, Betty C,

UIG TRUSTED SERVANTS: IG Chair- Lori K, IG Vice Chair - Open, Secretary - Amanda A, IG Treasurer – Annette P-R; Region 4 Representatives - Cathy G, Amanda A; WSBC Delegates - Amy D; By Laws Chair - Jill S; Quick Steps Co-Chairs – Cecilia, Pat W; Public Info Co-Chairs - Betty C, Cathy G; Hot Line Responder – Jane S; Literature Coordinator - Betty C; Newsletter Editor - Jill S; Print Coordinator - N/A at this time; Web Content Manager - Cathy G; Zoom Meeting Manager – Annette P-R

1. Welcome: Lori opened the meeting with the Serenity Prayer and introductions.
2. Tradition 10: Lori read and Rasha pitched on Tradition 10.
3. Guest Speaker: Sasha shared his story for 15 minutes.
4. Secretary's Report: Lori presented the minutes of the September meeting. After the review, a motion was made by Betty to pass the September minutes, it was seconded by Joyce and the motion was passed.
5. Treasurer's Report: Annette presented the September expenses. After the review, a motion was made by Rasha to pass the expense report, it was seconded by Allison and the motion was passed.
6. Newsletter: Monthly articles will correlate with the month, i.e. November is the 11th month so articles can focus on the 11th step, 11th tradition, 11th principle. To submit articles or information to be included in the newsletter send them to expressionsofunity2021@gmail.com. Reps can also encourage members at their meetings to click on the link and read the Newsletter. All articles need to be submitted by the 27th of the prior month, i.e. November articles are due on October 27th. Meetings volunteering for future monthly newsletter articles – November: Monday Night Robbinsdale; December: TBD; January: Golden Valley Saturday 10am
7. OA Events/Carrying the Message:

Recent Events:

- Quick Steps Workshop – September 18 & October 2, 2021 (via Zoom)
- Kansas Day – September 25, 2021 (virtual)
- Virtual Iowa State Convention – September 25, 2021
- Region 4 Fall Assembly – October 1-2, 2021 (via Zoom)

Unity Intergroup upcoming events:

- Improving Relationships with the Twelve Traditions – October 16-17, 2021 9am-12pm (via Zoom)
- Buffalo Retreat – April 8-10, 2022

- 2022 MN State Convention – Currently there is no chair/co-chair for this event. ***Reps please bring this to your groups to see if there is willingness to serve on a convention committee in any capacity***

Reminder: We do have a list of people, available on request, who may be interested in volunteering to help with an upcoming program.

Region 4 upcoming events: (oaregion4.org for more information)

- Community Conversation – October 17, 2021 (3rd Sunday of every month at 5pm CST via zoom)
- IDEA Day Fun Night – November 20, 2021 7:00-8:30pm (virtual)
- Region 4 Convention (Omaha) – July 15-17, 2022

8. Announcements: No new announcements

9. Intergroup Biz:

- The Vice Chair board position is open – IG reps: Please take this back to your groups and announce this amazing service opportunity!
- Open Region 4 Rep and WSBC Delegate positions available. Consider expanding your service past the IG level...it's fun!
- Nominating Committee Discussion –IG is looking for a committee to proactively work together to compile nominations for the open positions that will be voted on next year. Elections will be in January 2022. Please bring information to your meetings regarding the committee and encourage members to attend IG to extend their opportunities for service.
- Discussion on Meeting List Working Session – no updates.
- Brainstorming/Working Session – How to help/serve our meetings: (this will be tabled due to the rise in Covid cases)
 - Social events – get to know each other from other meetings. i.e. Ride Recovery event, Nature walk, coffee
 - Eagan 6:30 meeting gathered after the meeting and looked at stars, the moon, Jupiter, Jupiter's moons through a telescope...fun!!
 - Crystal Wed who is still virtual gathered together and had a picnic at a local park
 - Marshfield, who is currently virtual, does an after-meeting "parking lot meeting" for 10-15 minutes after the meeting to stay online and chat
 - Do meetings need – lists of available sponsors? Recovering members to speak at their meeting? Help getting a successful hybrid meeting set up?

- How do we get members more involved? Challenge fellows to attend different meetings within Intergroup? Challenge fellows to attend Intergroup? IG reps be sure to announce upcoming events at your meetings.

10. Closing: A motioned was made by Annette to end the meeting, it was seconded by Betty. Closed with the Serenity Prayer.