

# Unity Intergroup Meeting Minutes

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September 11, 2021

ATTENDEES: Lori K, Amanda A, Annette P-R, Joyce A, Jane S, Tamra A, Kendra S, Eileen M, Marque N, Penn, Maryann W, Cecelia, Joni, Pat, Mary Jo

UIG TRUSTED SERVANTS: IG Chair- Lori K, IG Vice Chair - Open, Secretary - Amanda A, IG Treasurer – Annette P-R; Region 4 Representatives - Cathy G, Amanda A; WSBC Delegates - Amy D; By Laws Chair - Jill S; Quick Steps Co-Chairs – Cecilia, Pat W; Public Info Co-Chairs - Betty C, Cathy G; Hot Line Responder – Jane S; Literature Coordinator - Betty C; Newsletter Editor - Jill S; Print Coordinator - N/A at this time; Web Content Manager - Cathy G; Zoom Meeting Manager – Annette P-R

1. Welcome: Lori opened the meeting with the Serenity Prayer and introductions.
2. Tradition 9: Lori K read and Joni pitched on Tradition 9.
3. Guest Speaker: Joni shared her story for 15 minutes.
4. Secretary's Report: Amanda presented the minutes of the August meeting. After the review, a motion was made by Penn to pass the August minutes, it was seconded by Annette and the motion was passed.
5. Treasurer's Report: Annette presented the August expenses. After the review, a motion was made by Joyce to pass the expense report, it was seconded by Jane and the motion was passed.
6. Newsletter: Monthly articles will correlate with the month, i.e. October is the 10<sup>th</sup> month so articles can focus on the 10<sup>th</sup> step, 10<sup>th</sup> tradition, 10<sup>th</sup> principle. To submit articles or information to be included in the newsletter send them to [expressionsofunity2021@gmail.com](mailto:expressionsofunity2021@gmail.com). Reps can also encourage members at their meetings to click on the link and read the Newsletter. All articles need to be submitted by the 27<sup>th</sup> of the prior month, i.e. October articles are due on September 27<sup>th</sup>. Meetings volunteering for future monthly newsletter articles –October: Minneapolis Monday morning; November: Monday Night Robbinsdale (Tentative); December: TBD
7. OA Events/Carrying the Message:

#### Recent Events:

- Celebrate Sponsorship – August 21, 2021

#### Unity Intergroup upcoming events:

- Quick Steps Workshop – September 18 & October 2, 2021 (via Zoom)
- Improving Relationships with the Twelve Traditions – October 16-17, 2021 9am-12pm (via Zoom)
- Buffalo Retreat – April 8-10, 2022

- 2022 MN State Convention – Currently there is no chair/co-chair for this event. \*\*\*Reps please bring this to your groups to see if there is willingness to serve on a convention committee in any capacity\*\*\*

*Reminder: We do have a list of people, available on request, who may be interested in volunteering to help with an upcoming program.*

Region 4 upcoming events:

- Community Conversation – September 19, 2021 (3<sup>rd</sup> Sunday of every month at 5pm CST via zoom)
- Kansas Day – September 25, 2021 (virtual)
- Virtual Iowa State Convention – September 25, 2021
- Region 4 Fall Assembly – October 1-2, 2021 (via Zoom)
- Region 4 Convention (Omaha) – July 15-17, 2022

8. Announcements:

- Annette announced that the Thursday Recovery from Relapse meeting is seeking speakers. Please reach out to Annette at 763-447-5688 or aprlovesoa@gmail.com if you can speak.

9. Intergroup Biz:

- The Vice Chair board position is open – IG reps: Please take this back to your groups and announce this amazing service opportunity!
- Open Region 4 Rep and WSBC Delegate positions available. Consider expanding your service past the IG level...it's fun!
- Hot Line Responder position is open – Jane S was nominated and voted into this position. Thank you for your service Jane!!
- Pat W brought the idea for a virtual newcomer meeting. Many volunteered to help get this meeting started. The committee will meet and bring back information to the IG for what support may be needed from IG to get this meeting started.
- Nominating Committee Discussion –IG is looking for a committee to proactively work together to compile nominations for the open positions that will be voted on next year. Elections will be in January 2022. Please bring information to your meetings regarding the committee and encourage members to attend IG to extend their opportunities for service.
- Discussion on Meeting List Working Session – no updates.
- Brainstorming/Working Session – How to help/serve our meetings: (this will be tabled due to the rise in Covid cases)

- Social events – get to know each other from other meetings. i.e. Ride Recovery event, Nature walk, coffee \*\*This will be the discussion topic for next month's brainstorming session\*\*
- Do meetings need – lists of available sponsors? Recovering members to speak at their meeting? Help getting a successful hybrid meeting set up?
- How do we get members more involved? Challenge fellows to attend different meetings within Intergroup? Challenge fellows to attend Intergroup?

10. Closing: A motioned was made by Annette to end the meeting, it was seconded by Marque.  
Closed with the Serenity Prayer.