

Unity Intergroup Meeting Minutes

June 12, 2021

ATTENDEES: Lori K, Amanda A, Deb C, Cathy G, Betty C, Deb N, Nancy H, Eileen M, Allison, Annette P-R, Nikki, Kendra S, Nancy D, Joyce A, Cindy B

UIG TRUSTED SERVANTS: IG Chair- Lori K, IG Vice Chair - Sheila L, Secretary - Amanda A (provisional until May meeting), IG Treasurer - Open; Region 4 Representatives - Cathy G, Bob S, Amanda A; WSBC Delegates - Amy D, Bob S; By Laws Chair - Jill S; Quick Steps Co-Chairs – Cecilia, Pat C; Public Info Co-Chairs - Betty C, Cathy G; Hot Line Responder - Bob S; Literature Coordinator - Betty C; Newsletter Editor - Jill S; Print Coordinator - N/A at this time; Web Content Manager - Cathy G; Zoom Meeting Manager - Annette PR

1. Welcome: Lori opened the meeting with the Serenity Prayer and introductions.
2. Tradition 6: Allison read and pitched on Tradition 6.
3. Guest Speaker: Annette shared her story for 15 minutes.
4. Secretary's Report: Amanda presented the minutes of the May meeting. After the review, a motion was made by Betty to pass the May minutes, it was seconded by Annette P-R and the motion was passed.
5. Treasurer's Report: Betty C presented the May expenses. After the review, a motion was made by Kendra to pass the expense report, it was seconded by Cathy G and the motion was passed.
6. Intergroup Biz:
 - a. Discussion on Meeting List Working Session – Betty updated the group that there is further outreach being made.
 - b. Board positions – Annette P-R was nominated and voted in as Treasurer. Vote was unanimous. CONGRATS Annette!! Thank you for your service!!
 - c. Review of proposed budget – Betty presented the proposed FY22 budget to the group. After group discussion, a motion was made by Cathy G to pass the proposed budget, it was seconded by Annette and the motion was passed.
 - d. Working Session – Lori asked the group to reach out to their groups and ask them how Intergroup could be of service to them. How can Intergroup help the meetings?
 - e. Website updates – Cathy G presented the results of the Google analytics that Alex ran. Our website ranks 3rd for all websites with the key words Overeaters Anonymous. Page views are up more than 200%. New users are up 243%. There were errors reported, mainly due to calendar event titles, Cathy updated the verbiage to eliminate these errors. Thanks for all your work on the website Cathy!
7. Newsletter: Monthly articles will correlate with the month, i.e. July is the 7th month so articles can focus on the 7th step, 7th tradition, 7th principle. To submit articles or information to be included in the newsletter send them to expressionsofunity2021@gmail.com. Reps can also encourage members at their meetings to click on the link and read the Newsletter. All articles need to be

submitted by the 27th of the prior month, i.e. July articles are due on June 27th. Meetings volunteering for future monthly newsletter articles – July: Tuesday 7pm Bloomington; August: Saturday 7:30am St. Paul Early Birds; September: TBD; October: Monday morning Minneapolis

8. OA Events:

Recent Events:

- Prayer & Meditation Workshop – Deb C gave update on Prayer and Meditation workshop. The recordings will be loaded on the website in the near future.

Upcoming events:

- Big Book Study (Zoom) – June 26-27, 2021
- Sponsorship Day Workshop – August 21, 2021 9:30am-2pm (location TBD)
- World Service Convention (Orlando) – August 26-28, 2021
- Traditions Workshop – October 16-17, 2021 9am-12pm (via Zoom)
- Quick Steps Workshop – Fall 2021
- Buffalo Retreat – April 8-10, 2022 (Hosted by Monday Night Anoka)
- Region 4 Convention (Omaha) – July 2022

9. Carrying the Message:

- 2022 MN State Convention – Currently there is no chair/co-chair for this event. ***Reps please bring this to your groups to see if there is willingness to serve on a convention committee in any capacity***
- Reminder: We do have a list of people, available on request, who may be interested in volunteering to help with an upcoming program.

10. Closing: A motioned was made by Deb C to end the meeting, it was seconded by Kendra. Closed with the Serenity Prayer.