

# Unity Intergroup Meeting Minutes

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May 8, 2021

ATTENDEES: Lori K, Sheila L, Amanda A, Annette P-R, Betty C, Cathy G, Nancy H, Nancy D, Tamra A, Kendra S, Mary C (R4 Chair), Maryann W, Cheryl, Virginia, Meg M, Debbie N, Jessica

UIG TRUSTED SERVANTS: IG Chair- Lori K, IG Vice Chair - Sheila L, Secretary - Amanda A, IG Treasurer - Open; Region 4 Reps - Cathy G, Bob S, Amanda A; WSBC Delegates - Amy D, Bob S; Bylaws Chair - Jill S; Quick Steps Co-Chairs – Cecilia, Pat C; Public Info Co-Chairs - Betty C, Cathy G; Hot Line Responder - Bob S; Literature Coordinator - Betty C; Newsletter Editor - Jill S; Print Coordinator - N/A at this time; Web Content Manager - Cathy G; Zoom Meeting Manager - Annette PR

1. Welcome: Sheila opened the meeting with the Serenity Prayer and introductions.
2. Tradition 5: Sheila read and pitched on Tradition 5.
3. Secretary's Report: Sheila presented the April minutes. After the review, a motion was made by Cathy G to pass the April minutes, it was seconded by Annette. Minutes were approved.
4. Guest Speaker: Meg M shared on "Carrying for Our Community."
5. Sheila spoke on the need for someone to step up and take on the Treasurer position. Sheila had served in this role in 2019 and 2020 and continued for the first five months of 2021. She will step down from this role as of June 1, 2021, but is committed to train in the new IG treasurer.
6. Treasurer's Report: Sheila presented April expenses. A motion was made by Cheryl to pass the expense report, it was seconded by Kendra. Report was approved.
7. Intergroup Biz:
  - a. Update on UIG meeting list: Betty reported that the committee (Betty, Deb C, Debbie, Allison) is in the process of calling all the meetings. Cathy said she will update the Google doc as members send their most current meeting info. (Question: contact person for Sat. 10 am Lake Nokomis Church?)
  - b. Board positions: Sheila asked if group would be willing to vote Amanda in as official Secretary (she has been provisional since January) by show of hands. All agreed. Intergroup voted Amanda in! CONGRATS!!
  - c. Treasurer: All reps are encouraged to go back to their meetings to recruit Treasurer.
  - d. Buffalo Retreat: Board has decided to hold the Retreat in person April 8–10, 2022. Sheila has received an agreement contract due May 25th with a deposit of \$700.00. We will need co-chairs by this fall and a committee by January.
  - e. Intergroup meetings: Discussion about staying on Zoom or trying a hybrid approach. Group voted to stay virtual through January 2022.
8. Newsletter: Monthly articles will correlate with the month, i.e., June is the 6<sup>th</sup> month so articles can focus on the 6<sup>th</sup> step, 6<sup>th</sup> tradition, 6<sup>th</sup> principle. Any person or group can send in articles to [expressionsofunity2021@gmail.com](mailto:expressionsofunity2021@gmail.com) by the 27<sup>th</sup> of the prior month. Reps, please encourage members to click the link and read the Newsletter. Meetings that have volunteered for future months:
  - a. June: St. Paul Friday 6:30 pm
  - b. July: Tuesday 7:00 pm Bloomington
  - c. August: St. Paul Early Bird Saturday 7:30 am.

- d. September TBD
  - e. October: Monday morning Minneapolis
9. Recent Events:
- Quick Steps – April 10th & 24<sup>th</sup>. Went well. Facilitators are taking the summer off.
  - Prayer & Mediation Workshop – April 17. Facilitators are working on finding the recording so it can be uploaded to the website.
10. Upcoming Events across Region 4:
- Region 4 Community Conversations – May 16, 2021 from 4pm-5pm CST
  - Recovery During Covid-19 Super Sunday (Region 4) – April 25, 2021 3:00pm-5:00pm CST
  - Zooming into Recovery (St. Louis Bi-State IG) – May 15, 2021 9:00am-5:00pm CST
  - Intergroups in Region 4 are hosting events. Find out more at <https://oaregion4.org/>
11. Carrying the Message:
- Big Book Study – Bob S will chair. Laurie C will lead. June 26–27, 2021.
  - Sponsorship/Relapse Workshop – Annette, Lori, Jill, Liz and Roxanne are working on a workshop for the 3<sup>rd</sup> weekend in August.
  - Traditions Workshop – Annette said the facilitators are looking at a weekend in Sept or Oct.
  - Region 4 Convention – Will be held June or July 2022 in Omaha Nebraska. Amanda will be working with Unity Intergroup members to create the program. Note: Unity has never paid for R4 Reps to attend Convention, just Assemblies.
  - Buffalo Retreat will be held in person April 8–10, 2022.
  - 2022 Unity Convention: Contingent upon having a chair and co-chair in place by the end of December 2021. So, if you want a convention, help make it happen!
12. Closing: A motioned was made by Annette P-R to end the meeting, seconded by Debbie N.  
Closed with the Serenity Prayer.