

Unity Intergroup Talking Points: April 2021

Service Positions Available:

- Unity Intergroup needs a Treasurer. Please consider stepping up for this service if you currently have one year of back to back abstinence and have attended at least 3 intergroup meetings.
- Consider being of service above the group level by:
 - Become an Intergroup Rep and represent your local meeting at the monthly intergroup meeting. Great way to understand the inner workings of OA.
 - Join a planning committee for upcoming OA events. Lots of service opportunities available right now for future events. Find out more at the next IG meeting!

Expressions of Unity Newsletter:

Monthly articles will now correlate with the month, i.e. May is the 5th month so articles can focus on the 5th step, 5th tradition, 5th principle. To submit articles or information to be included in the newsletter send them to expressionsofunity2021@gmail.com by the 27th of the prior month.

Meetings signed up to contribute future articles:

- May – Monday Night Anoka
- June – Friday 6:30 pm, St. Paul
- July – Tuesday Bloomington
- August – Saturday 7:30 am St. Paul Early Birds

Upcoming Events:

- Quick Steps – April 10th & 24th, 2021 from 9am-12:30pm CST
- Prayer & Mediation Workshop – April 17, 2021 from 9am-3pm CST
 - Register here:
<https://events.r20.constantcontact.com/register/eventReg?oeidk=a07eht3zz3s48d748e7&oseq=&c=&ch=>
- Region 4 Community Conversations – April 18, 2021 from 4pm-5pm CST
- Recovery During Covid-19 Super Sunday (Region 4) – April 25, 2021 3:00pm-5:00pm CST
- Zooming into Recovery (St. Louis Bi-State IG) – May 15, 2021 9:00am-5:00pm CST

Do you have an idea for an OA event, or topic to be discussed, that you'd like to see happen? Join us next month to share your ideas!

Next Intergroup meeting:
May 8, 2021, 12:30–2:30 pm
All are welcome!

Zoom link will be posted at:
<http://overeaters.org/about-unity-intergroup/>