

Unity Intergroup Meeting Minutes

March 13, 2021

ATTENDEES: Lori K, Sheila L, Amanda A, Roxanne S, Nancy D, Tamra A, Betty C, Deb C, Cathy G, Debbie N, Gloria, Amy D, Maryann W, Bob S, Jill S, Kendra S, Virginia W, Annette PR

UIG TRUSTED SERVANTS: IG Chair- Lori K, IG Vice Chair - Sheila L, Secretary - Amanda A (provisional until May meeting), IG Treasurer - Open; Region 4 Representatives - Cathy G, Bob S, Amanda A; WSBC Delegates - Amy D, Bob S; By Laws Chair - Jill S; Quick Steps Co-Chairs – Cecilia, Pat C; Public Info Co-Chairs - Betty C, Cathy G; Hot Line Responder - Bob S; Literature Coordinator - Betty C; Newsletter Editor - Jill S; Print Coordinator - N/A at this time; Web Content Manager - Cathy G; Zoom Meeting Manager - Annette PR

1. Welcome: Lori opened the meeting with the Serenity Prayer and introductions.
2. Tradition 3: Cathy G read and pitched on Tradition 3.
3. Secretary's Report: Amanda presented the minutes of the February meeting. After the review, a motion was made by Betty to pass the February minutes, it was seconded by Cathy G and the motion was passed.
4. Treasurer's Report: Sheila and Betty C presented the February expenses. After the review, a motion was made by Bob to pass the expense report, it was seconded by Annette and the motion was passed.

At the end of the meeting Lori discussed the need for the Treasurer position to be filled. Reps asked to bring it back to their meetings, asking people to consider service above the group level. Cathy G made a motion for the IG to approve Sheila to continue as Treasurer until one is found. Annette seconded. Betty will continue to do the recording of items received in the mailbox and Sheila will continue paying expenses for March.

5. Intergroup Biz: Discussion on Intergroup Renewal Workshop – Sheila presented the idea of needing something at the IG meeting that is appealing for more people to “want” to attend the meeting. After discussion around having a guest speaker to speak to on a specific topic it was decided that Jill will write a rough draft article to send as an email blast as well as add it to future newsletter. Bob will work on finding a 15-minute guest speaker to share their story at the April meeting.
Lori presented the idea of rebooting the MN State Convention. After discussion it was determined that events such as the convention and retreats are more well attended when we can do so in person. Lori asked that reps bring back the idea of hosting a workshop and involving fellows who are from out of state in the discussion and planning. Further discussion at next month's meeting.
6. Newsletter: Jill discussed moving in the direction of having the monthly articles to correlate with the month, i.e. April is the 4th month so articles can focus on the 4th step, 4th tradition, 4th principle. To submit articles or information to be included in the newsletter send them to expressionsofunity2021@gmail.com. Reps can also encourage members at their meetings to

click on the link and read the Newsletter. Meetings volunteering for future monthly newsletter articles – April: Crystal and Marshfield; May: Monday Night Anoka; June: Friday 6:30 pm, St. Paul

7. OA Events:

Final Updates:

- Quick Steps for Men Workshop – Was a success. Bob discussed one participant who was able to find recovery while attending the workshop.

Upcoming Events:

- Quick Steps – April 10th & 24th, 2021. Registration is open. 11 people registered to date. Will add into to next Talking Points to promote this event.
- Region 4 Community Conversations – March 21, 2021 from 4pm-5pm CST
- Region 4 2021 Spring Assembly – April 2 & 3, 2021
- Recovery During Covid-19 Super Sunday (Region 4) – April 25, 2021 3:00pm-5:00pm CST
- Zooming into Recovery (St. Louis Bi-State IG) – May 15, 2021 9:00am-5:00pm CST

8. Carrying the Message:

- Meditation & Prayer Workshop – Roxanne S presented her final workshop presentation plan, Deb C volunteered to be the host. Planned for April 17, 2021 from 9am-3pm. Roxanne will submit the information to be added to the newsletter and work with Howard to set up registration.
- Tradition Workshop – Annette PR discussed a workshop that she had attended where the topic was applying the traditions to all areas of our life.
- Buffalo Retreat Virtual Event – Due to lack of volunteers to help coordinate this even it will not be able to take place this year. The hope is that in 2022 we will be able to hold the in-person event at the retreat center.
- Sponsorship Workshop – Annette is working on forming a group to help present the sponsorship workshop the 3rd weekend in August.
- Region 4 Spring Assembly – The plan is to hold this in person event in 2022. Region 4 is looking for individuals to help fill service positions to help on committees. Lori asked reps to bring this to their meetings and encourage people to sign up to be of service.

9. Closing: A motioned was made by Bob to end the meeting, it was seconded by Sheila. Closed with the Serenity Prayer.