

## UNITY INTERGROUP TALKING POINTS: JANUARY 2021

### INTERGROUP FINANCIALS

- ATTENTION MEETINGS: please specify your group # when you send 7<sup>th</sup> Tradition donations to Unity Intergroup. This allows us to categorize contributions correctly.
- Unity Intergroup donated \$5,000 to Region 4 and \$10,000 to WSO.

### BUFFALO RETREAT

- Due to COVID concerns and restrictions, the 2021 Buffalo Retreat has been canceled. The Retreat Center can accommodate only 40 guests (max 25% capacity); room costs per night have doubled; and meal costs have increased by \$3/person per meal.
- Interested in helping plan a virtual Spring Retreat? Contact Lori K: kiefferLori52@gmail.com

### 2021 SERVICE POSITIONS (ELECTED AND VOLUNTEERED)

<b>Elected Positions: Board, Region, World Service</b>
Board Chair: Lori K
Board Vice Chair: Sheila L
Board Secretary: Amanda A (provisional until May)
Board Treasurer: Nancy D
Region 4 Reps: Cathy G, Bob S, Amanda A, Annette PR
WSBC Delegates: Amy D, Bob S, Annette PR

<b>Coordinator/Committee Service Positions</b>
By-laws Chair: Jill S
Public Info Chair: Betty C (with Cathy G)
Hot Line Responder: Bob S
Literature Coordinator: Betty C
Newsletter Editor: Jill S
Print Coordinator: NA
Quick Steps Chair/Vice Chair: Cecilia, Pat
Zoom Meeting Manager: Annette PR

### NEWSLETTER

- Email Expressions of Unity submissions to Jill S at [jshortreed@centurylink.net](mailto:jshortreed@centurylink.net)
- February theme: *What do you love about recovery?*

### UPCOMING EVENTS

- Event details at <http://overeaters.org/upcoming-oa-events/>
  - Recovery from Relapse Meeting: begins Thursday, Jan. 21, 6:00 pm
  - Body Image Workshop: Saturday Jan. 23, 9:00 am–2:30 pm [REGISTER!](#)
  - Quick Steps Workshop for Men: Saturdays, Feb. 6 & 20 [REGISTER!](#)
  - Intergroup Renewal Workshop: Saturday, Feb. 6. Free all-day workshop focused on energizing Intergroup, increasing engagement, and defining our purpose.

Join us at the next Intergroup meeting: Feb. 13, 2020, 12:30–2:30 pm

<https://us02web.zoom.us/j/81044264132?pwd=ZXIzZ1IsQ0xDb0c0QVhSak1MaFhWZz09>

Password: 12345