

Unity Intergroup Meeting Minutes  
Jan. 9, 2021

Zoom attendees: Kendra S, Leigh M, Johni B, Virginia, Amanda, Sheila L, Cathy G., Annette PR, Betty C, Meg M, Nancy D, Marque, Debbi N, Cheryl, Bob S, Cecelia L, Kay H, Lori K, Laura K, Jill S, Amy D

1. Leigh opened the meeting with introductions, followed by the Serenity Prayer
2. Leigh pitched on Tradition 1.
3. Leigh presented December meeting minutes. Betty made motion to pass minutes, seconded by Sheila. Motion passed.
4. Sheila presented December financials: \$2,200 in receipts from groups and workshop registrations. Unity Intergroup donated \$5,000 to Region 4 and \$10,000 to WSO. Meetings need to specify their Group# in order for donation to be categorized/credited correctly. Cathy made motion to approve. Amanda seconded. Financials were approved.
5. Buffalo Retreat
  - Discussed canceling April reservation, given lower headcount allowed due to COVID and concerns about the virus. Lori called retreat center about open weekends. Costs have increased. Private rooms only (@ \$125/night) unless you're part of a household. Special meal requests now cost an additional \$3 per person/meal. Retreat Center can now only accommodate 40 people (25% capacity). Lori suggested virtual retreat and donating some \$\$ to Christ the King Retreat Center. Leigh recommended we cancel for 2021. Marque made motion to cancel. Kendra seconded motion. Motion to cancel passed. Sheila will cancel reservation and request April 2022 date.
  - Lori said she would be willing to help plan a virtual retreat. Cathy talked about Reclaiming and Retaining Abstinence workshop. Sheila mentioned that the 2020 Buffalo Retreat committee already planned the weekend; Lori will reach out to Sue L to build on that plan.
6. 2021 Elections
  - Meg talked about evolution of Intergroup. Announced all-day Intergroup Renewal workshop on Feb. 6, 2021 to add more fire and zest to Intergroup, focus on usefulness and how we can get more people involved.
  - Asked us to consider what Intergroup meetings could look like and what we need to change/grow. Can they be "working" meetings with small-group breakouts? We need more members to get involved. Region is looking at different payment platforms beyond Paypal (Venmo or Zell?) by building on what other intergroups are doing. Importance of looking at technology to support the work of Intergroup.
  - Started with Board positions.

<b>Elected Positions</b>
Chair: Lori K
Vice Chair: Sheila L
Secretary: Amanda A (provisional until May at 1-year of abstinence)
Treasurer: Nancy D
Region 4 Rep (2+): Cathy G, Bob S, Amanda A, Annette PR
WSBC Delegate (1+): Amy D, Bob S, Annette PR

<b>Coordinator Service Positions</b>
By Laws Chair: Jill S
Public Info Co-Chair: Betty C/Cathy G
Hot Line Responder: Bob S
Literature Coordinator: Betty C
Newsletter Editor: Jill S
Print Coordinator: NA
Quick Steps: Cecilia (Chair), Pat (Vice Chair)
Zoom Meeting Manager: Annette PR

Meg encouraged all Intergroup reps to go back to their meetings and ask one-on-one to volunteer.

If you are not receiving Intergroup emails (i.e., agendas, talking points, minutes, financials), please contact [Howardw@isd.net](mailto:Howardw@isd.net) to request to be added to the mailing lists.

7. Newsletter Feb theme: "What do you love about recovery?"
8. Upcoming Events
  - Quick Steps Workshop: Jan. 16 & 30, 2021 (FULL)
  - Recovery from Relapse (New) Meeting: January 21, 2021 6:00 pm
  - Body Image Workshop: Jan. 23, 2021, 9:00 am–2:30 pm
  - Quick Steps Workshop for Men: Feb. 6 & 20, 2021
  - Intergroup Renewal Workshop: Feb. 6, 2021
9. Marque thanked the board for all their service and all the people who stepped up today!
10. Closing: Betty made a motion to close the meeting. Marque seconded the motion. Motion passed. Closed with the Serenity Prayer.